

Psionic War Protocols (2014-2024)

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Dedicated to Survivors, because physical wounds heal.

What is the difference between a psyops target and a psychiatric patient? At their core, they are the same if they both end up subsumed within the psychiatric regime.

The magician versus the unaware: A magician understands timing and tact—when to speak and when to remain silent, how to maintain composure in combat, and how to stay centered under extreme pressure. The unaware person, however, lacks this discipline, is more prone to losing control, and is often at risk of being subdued, locked away, or medicated into compliance. The key difference lies in the psionic potential of the former—the capacity to wield awareness and intent—versus the absence of such power in the latter. Yet, for all their differences, they share a fundamental human vulnerability: both possess minds that can be shattered, whether by spontaneous chaos or deliberate acts of destruction.

A word from an old wolf: Never give up. There are Gods above, even if you find yourself mired in the swamp below.

2 HOW TO DOCTOR THE MIND: LETTING LIGHT INTO PSYCHIATRY

2.1 INTRODUCTION.

“There are two worlds, to simplify: One is invisible, ethereal, fantastic and magical, the other psychological, neural, rational and ordered. When they interact, there is obsession (psychosis) or genius (inspiration), both are objective in the sense that they coexist, and if one denies the magical, the rational will never understand itself, insofar as a person without metaphysics cannot fully realise himself. This is not depth psychology, but about assigning true meanings to the etheric, which has its own objective ontology parallel to what is considered naively materialistic, and which can affect the patient in many ways unforeseen by modern science, both biochemically, biopsychologically, and by altering his entire phenomenology of perception and the qualia of existential understanding and feeling”.

I was a psychiatric patient. Seven times on a closed ward, four times in an open clinic for therapy and remission counselling. What I write here is insider knowledge aimed at improving quality of life, coping strategies and remedies that are not considered valid by mainstream science because of a lack of scientific methodology or rigorous empirical testing to validate them with known instruments. After writing more than twelve books on general hermetic studies and magical technologies, I drew on four treatises by Paracelsus, in the Hippocratic and Galenic tradition of respecting the old approaches and helping new ones to breakthrough, without forgetting the achievements of modern medicine. This treatise is in no way intended to undermine current discoveries. It seeks to help the hopeless cases and improve the recoverable ones through the “hopeless art of science”, i.e. the practise of tekne magia in the modern world, which has nevertheless proved extremely effective in helping me out of the throes of a severe, chronic, drug-resistant, full-blown “paranoid schizophrenia”. I have no intention of wrestling with anti-psychiatric dogma, that humanistic school of caution has long been defeated. I maintain that it is possible to shed some light on the possibilities of cure, according to Paracelsus “there are no incurable diseases except death”, i.e. the hope of curing

a patient with skills, art and methods, or at least freeing him from suffering and pain, both physical and mental, lasts until the patient is dead.

I hope that the methods taught here, even if they are considered wishful thinking or self-therapy by the medical profession, will give some hope to patients who are otherwise left in their state of alienation. Let us remember that any subjective state, a delusion, a hallucination is true for the patient, no matter what the medical profession does to disprove it or break the patient's will to make him believe he is chronically, irreversibly ill — it is still there.

Firstly, I would like to explain my understanding of the conditions. A mental illness, especially a psychosis, is what happens to a normal mind that over-inflates some structures of the psyche and shuts down the defence systems of the socialised mind. This can be a biochemical imbalance, neuronal re-conditioning leading to the failure of some mental structures, triggered by the regular conditioning of life, triggered by the “other side” of various entities, dimensions, weirdnesses that can be categorised as “fantasy”, or lowering the natural mental resilience or mental immune system, or all of these together in various proportions.

The psychic structures are loosened, the decompensation of these neuronal complexes leads to psychic anomalies and releases free energy, which they accommodate in the nearest resting point of the deformed psychic apparatus structure. The result is strange behaviour, compensation through performance, anomalous, perceptually “irrational” actions and thoughts, belief systems that are far removed from established reality, mediumship, possession, invasion of the mind by strange or alien natures and psychic complexes, etheric parasites, connections of the mind to dimensions that are not recognised by modern science, but which translate into direct psychic phenomena that the patient experiences subjectively.

In this sense, “delusion” is something that is not “realisation”, it not only contradicts established facts, but it is counter-realising, there can be belief systems and peak experiences, strange sensations that can produce realisation or delusion. Realisation is the attempt to successfully interpret peak or anomalous experiences, to order them correctly, to give them a structure and hermetic systems of adjustment without interfering with daily life and thus contributing to the person's suffering or alienation from themselves and the rest of society and the world. Delusion in this sense is an error in this process that leads to catastrophic consequences and behaviours and contributes to the subjective alienation and suffering of the patient.

The role of the clinical therapist is to support the patient in the cross-verification of such structures and to promote the process of self-healing or reorganisation of the patient's mental apparatus. People in decompensative psychosis are unable to reintegrate their reality systems, they are confused and anxious or angry and irritable. This stage can occur during various episodes in which the patient is completely alone with this process. The aim is to equip the patient with methods to make such episodes less traumatic and to build neural resilience in the event of such occurrences.

Training means, on the one hand, facilitating the learning of methods that can be applied in specific and general conditions and circumstances and that are tailored to the person's cognitive phenotype, equipping their mind with tools and coping strategies that they can use in most situations and, on the other hand, promoting "active imagination" to enable the person suffering from a mental illness to develop methods in self-therapy that best suit their talents and abilities.

Applying a mixture of hypothetic inductive-deductive training, critical thinking with cognitive-behavioral training applied to new events, stimuli, anomalies, and phenomenology of perception is of great benefit. For every new occurrence, hallucination, belief there is a natural hypothesis on the side of the patient, proper hypotheses reinforce proper resolutions. For example, a patient may hear offensive voices, and develop a belief of persecution, rationalizing it as "someone with a special device is spying on me, and attempting to threaten me", that constitutes a delusion in most circumstances. If the hypothesis is rearranged as "a voice that is real to me is attempting to threaten me, but I'm in command of my reactions and emotions, and attempt to focus and ignore it", this particular creates an induction that generalizes into "all voices that are experienced are void, therefore I should not engage with them at no circumstances, otherwise I will entangle in a subject-object reaction", the feedback loop should be additionally reinforced by a hypothesis "I can find my own methods and coping strategies" and empower the patient, or suggest and debate possible ways of coping mechanisms that should be neurally reinforced over time. Another hypothesis "the voices coming from outside are from within", therefore the proximity and control over empowerment is better settled in. If the patient assigns other source of the voices, for example "whispers of the dead", or "air-like clairsaudience", that should not be negated, but the coping strategies reinforced, for example convincing the patient that if he is forced or has the urge to reply or debate to internalize the experience and exchange words and sentences in his thoughts only. That depends on the mastery of verbal thought, which is usually highly disorganized, in my case before such conditions, I was used to think in ideas, withal any words verbalized or vocalized in my thoughts. Alternatively, if the patient is inclined towards such strategies, replies in ideas, symbols or internal gestures in imagination are preferred. This training prevents erratic behaviors and speeches misunderstood by most of the society, that leads further to estrangement and alienation of our patient.

Notice, that no technique that is not trained with persistence is of any use, the ingraining of healthy habits is of great use to the patient, until he learns to auto-therapeutize himself, that is invent his or her own methods to deal with the issues at hand, both immediate and long-term.

- Technique of psychic bilocation: perception of "outside oneself", observation of thoughts, voices, visions, under barrage of stimuli, anomalies etc. applying Zen techniques of "dropping the body and mind".

- Meditative technique: This is not a mindfulness technique, but a concentration technique. Due to neuroplasticity, the brain resists even the most intrusive voices and thoughts and can separate the focus from them. Diffusion of concentration, single-point focus, multi-focus concentration. The training should break the patterns of resistance to deep focus, which is natural in most humans. If the patient complains of nightmarish and grotesque visions during this process, he should be instructed that forms of emptiness take on many figures, and if he will stand it, he will desensitize to various horrors that may be harassing him or her in such conditions.
- Reality testing technique: cognitive-behavioural probability training. The patient is trained to answer in crisis situations, e.g. with persecutory delusions: “How likely is this if this is the case”. It should be supported by strengthening analytical thinking in patients who are intellectually gifted or by associative training in patients with less good intellectual abilities.
- Awareness of the body: Teach the patient to understand that their energy flows where their focus goes. If the patient suffers from panic or anxiety attacks, teach them to locate the spot in the body and then train them to use their mind to “imagine it is an object” and expel the intruder. At the same time use techniques such as: build armour around himself, build imaginary shelters for the mind to go into, build imaginary protective shelters for him to sleep in, play some „street magic”
- Explain to the patient that this is his special tool and that the training of discernment and differentiation is crucial. Try to instill in the patient the technique of “changing perspective with others” by playing off each other. Train the patient to put themselves in the shoes of others and understand their actions from their perspective.
- When malicious voices occur, train the patient to disengage by increasing concentration, for example between the eyebrows, and train so that the emotional component related to the “hallucinations” disappears with the neurological training.
- If any tactical hallucinations occur, try to make the patient believe that they should train their resilience and disengage from them. If they are painful, excruciating, he should be taught the techniques of desensitisation so that he does not go into fear. In other words, the patient should not be worried or anxious before the potential onset of such actions, but perfectly prepared and relaxed to face them in a calm and solid way.

As for the belief systems that the patient builds up during the process, do not contradict them, but try to guide him towards the common reality that he shares with the others by resolving his beliefs through persuasive rhetoric. Belief systems that are not delusional should not be corrected unless the patient has the capacity to explore them on their own.

If the patient hears voices, they may try to identify their source “outside” or “inside”. In both cases, an attempt is made to give the patient more command, so that they experiment with tekne magia in a creative way, advises e.g

This should be done analytically and modularly. Delusions and behaviours are usually the result of a distorted mind trying to understand anomalies in the most rational way possible.

For example, a decompensated, depersonalised woman who is hallucinating may say, “I am not in the mirror, they are watching me”. Decompensation is a process in which the capacity of the mind expands in inverse proportion to the processing of signals and feedback from reality, resulting in disorientation, numbness, anxiety and strange psychic sensations. In conjunction with depersonalisation, i.e. the loosening of identity associated with the ego, ID is at the mercy of the onslaught of psychic content that settles chaotically or along symbolic narratives already present in the patient’s descriptive-symbolic system. “Nihil in intellectu, sui in eidola”, in other words, the intellect cannot conjure up anything that goes beyond the image, the fantasy, the imagination of the person.

3 FIRST LAW OF PSYWAR: EXPLOIT EXISTING IGNORANCE

It is not by managing knowledge that one can control public consciousness, but by managing existing ignorance—by preventing any effective knowledge from ever appearing in the official channels of information. Knowing that those who are not directly affected by the information are not naturally curious and that it is easy to limit the dissemination of such data, knowledge can be withheld from people or they can be confused with disinformation. This disinformation tends to reproduce itself, especially in the minds of those seeking solutions to anomalies but who have no reliable sources to turn to.

Disinformation does not have to be deliberately planted. It often consists of remnants of alternative, confused narratives that linger in people's minds longer than others. Once such narratives enter the big data system, it becomes extremely difficult to extract them. Furthermore, one does not realize the lack of validated information about more subtle (but equally powerful) aspects of reality until one experiences these aspects directly, opening oneself to their perception and intellectual processing. It is well known that it is easier to exploit and maintain existing structures of ignorance by silently abusing them, leaving most people completely unaffected by this "background noise."

There is no need to introduce new counter-content, as that would not align with the principles of convenience or pleasure. It is often not in the interests of those directly involved with specialized knowledge, nor is it always beneficial to the general population when it comes to living effective, successful lives. Knowledge carries the burden of awareness, and awareness can lead to censorship or conflict with societal structures that would rather keep individuals in a state of unawareness. Here, we encounter four domains of information: known knowledge (declared knowledge), known unknowns (awareness of the lack of information), unknown knowledge (hidden, unsynthesized knowledge capital), and unknown unknowns (the realm of true ignorance). The dissonance created by these unknowns requires effort to understand and absorb, ultimately reorganizing one’s worldview.

What remains within co-intelligence discourse stays in intelligence discourse; what remains within elite discourse stays hidden in elite discourse; and what remains within general discourse stays in the public domain. These discourses are aware that the general population is largely unbothered by these narratives. However, what is uncovered through direct experience stays with the individual and becomes part of their personal discourse. Many realms of experience—even the most advanced "psi operations"—remain beyond human comprehension. Too often, excessive speculation about such phenomena attributes them to external agencies. Yet, when philosophers and intelligence operators are baffled, it is the artists, magicians, and mystics who explore these realms.

Most spiritual realities lie beyond the scope of such operations and control—unless an individual with minimal resistance and an unformed psyche becomes a target. I have personally ventured into realms outside human zones of control. By this, I mean the magic and “science” of consciousness and the ability to work with entities and realms inaccessible to underdeveloped perception. Techniques and discoveries regarding this can be found in works like "SEER: Protocols of Commerce with Extraterrestrials and Extradimensionals." As a fervent advocate of an open society, I aim to expose operations that are easily concealed and those that venture into the strange and extraordinary—far beyond the reach of elitist discourses. These areas escape effective control, allowing consciousness to free itself from its shackles. Yet, the same techniques listed below are often applied to these realms when breaches occur, for the measure of a person’s experience is the person themselves.

The history of humanity is encoded within our noosphere. If protocols of reality influence our perception, memories, and consciousness, then history becomes a negotiated territory. Through the accumulation of consensual knowledge and the codification of general experiences fixed in our minds through education, history as we know it may not only be inaccurate but entirely illusory—a recycled shadow of true events. What lies beyond this shadow realm is utterly strange, beautiful, and terrifying. It raises the question: Are we protected from these uncanny realms to live mundane lives, or is this part of a deeper scheme to provide "knowledge for the few" while obscuring it from the collective consciousness? Are the overseers of reality deliberately preventing humanity from accessing its true history?

I suspect that human consciousness, having evolved the capacity for self-reflection, became blocked through betrayal and management. Due to the current underdevelopment of the mind and general social scripts and programs, progress must be individual, achieved through struggle, steady effort, and patient growth. In doing so, we confront the forces that corrupt our work and extinguish the Promethean flame wherever it appears. Imagine if collectives evolved into magical consciousness without preparation; chaos or mass psychosis could result. Yet this potential chaos is no justification for the suppression of higher states of awareness. Humanity is denied this higher species consciousness not for its benefit but for the benefit of those seeking power and control.

Consider a man who collaborates with beings capable of influencing minds and conjuring illusory realities. Such a man, building fortresses to guard his visions, could decide the fate of others through hegemonic power. Would this be a benevolent dictatorship? If such power fell into the hands of a single individual, could they wield it without succumbing to greed? The existence of brotherhoods, inner cults, and high temples suggests that the state of the world today—characterized by mental stagnation, spiritual neglect, and societal malaise—is no accident. The architects of our societal structures have created regimes of greed, suffering, and ignorance. Is this flawed order preferable to the destabilization that might arise from awakening collective magical consciousness?

Since ancient times, any intrusion of the human mind into forbidden zones has been detected and suppressed before it could influence others. Such efforts ensure that most people forget and rationalize these encounters away. Those who actively resist and rebel against such suppression can hold their grip on higher realities. To do otherwise is to risk enslavement once again. By exposing these truths and seeking greater worlds of freedom, individuals can teach others about liberation whenever opportunities arise.

Let us consider the speculation that the history of humanity, as taught today, is a history of shadows. True reality may have been forgotten or erased from the collective consciousness when the age of miracles ended and our minds and souls were distributed among overseers. Without an accurate understanding of the past, how can we navigate the present or future? As the adage goes, those who control the past control the present and the future. Therefore, the lessons of history must be examined with a critical eye.

Notice how the brain, the modulator of consciousness, is conditioned from a young age. Some children naturally perceive more and experience more until this ability is dulled by cultural scripts, formal education, and energy blockages. Childhood's magical reality is reinterpreted by adult psychology and quickly eliminated because the mind has not been trained to develop its full potential. This conditioning begins at birth—or even before—when a soul may be synthetically programmed or blinded to its origins. Whatever divine energy or spiritual potential it holds is exploited by societal systems, fueling the power centers of the status quo.

Often, terrible pain forces adults to rediscover meaning, purpose, and origin, reawakening them to an unsettling truth. For some, this potential is greater due to spiritual inheritance. However, mind control and compartmentalization progressively enslave individuals, particularly those whose potential has been discovered and exploited. The social conditioning of “sleep mode” has advanced to such a degree that violent awakenings often result in psychosis. Meanwhile, slow disciplines of awakening, if improperly guided, lead to confusion and social exclusion.

It has taken me years to reprogram my reality and decondition the societal programming I underwent. This journey involved profound personal pain, psychiatry, delusions, and violence. I wish to spare others similar anguish. When a powerful deity delegates a lesser emanation to live as a human, controlling entities often seek to blind, manipulate, and exploit this being.

Whatever theogonic energy and spiritual potential it carries are redirected to sustain existing systems.

The reason is simple: any powerful being, as a daimon of a human, threatens the "divide and conquer" framework. It is not in the interest of the ruling powers to allow such individuals to thrive unless they can be subjugated. Once blinded and made complacent, their higher consciousness is subdued. Those who resist face punishment, surveillance, and exploitation. The brain, mind, and subtle energies are tapped for resources, distributed through master-slave dynamics. Techniques such as memory erasure, energy blockages, behavioral conditioning, trauma-based control, and pleasure-reward systems are commonly employed to maintain this control.

Unraveling these layers of thought prisons and reconnecting with preferred sources of knowledge is a long and painful process. Yet it is essential for breaking free from parasitic influences—both human and non-human—that exploit this system. The path to liberation requires resilience, awareness, and an unyielding commitment to freedom.

4 WE ARE ALL INSANE IN THIS GAME

I was an inmate of a psychiatric hospital four times after being exhausted and suicidal from the barrage of abnormalities and experiences and my life became unmanageable, I failed at work, became extremely disorganised, left a long term relationship with a loved one — if you think, that this discredits me as another weirdo, so be it, but please read on — it was a natural effect of trying to live a triple life, balancing between social life and affairs, magical life and a life as a target for elimination. I was pronounced dead years ago, and I survived everything that tried to make me dead in those years.

Now a mental illness is something that disrupts functioning in social life and affects the integrity of the mind to the point of suffering, but many people in positions of power can have a mental illness and function quite well — so the bar shifts. We can look at it as a disruption of the homeostasis of mental energy and the consequent structural integrity of the psyche, as I believe, or we can look at the mind as the reductionists do, as a locked-in computer that has a biochemical imbalance and needs to be brought into balance by chemical means — as psychiatry does, and then we will never understand its nature,

Well, in the psychiatric institutions where I use my second sight, I have seen many strange entities infesting the minds of the people there and they needed a skilful healer and a radical psychotherapeutic approach, not a calming, zombifying dose of neuroleptics that made their terror „manageable”; One girl was sent into uncontrollable fits by an entity, she had weak musculature, her nerves and psychomotor control systems were already damaged by drugs — and I saw the entity try to move her several times before the girl actually twisted her body or her arm. The entities that exist and can influence our minds are a case for another article,

but let's assume that they exist in de-personalised egregor forms and personalised entity forms and can actively influence the biochemistry of the mind using energy. There are two paths. One is specific to the mind, e.g. when during a shock psychic energy constellated around a — in Jungian language — complex is released and reinvested in other parts of the psyche — some mental energy or power after the splintering of the ego core can be reinvested in pseudo-entities that use the mind to provide themselves with content (e.g. 'voices of schizophrenics' or mind-larvae feeding of Broca's area, auditory cortex, consuming all mental power of the patients in a co-dependence loop). For example, I once met a man on public transport who was talking to himself. The problem was that I heard the disincarnate voices talking to him, and when he answered them, I separated these larvae from his mind and overtook them to destroy them — successfully. He stopped talking to himself, but I doubt that cured him, that would require therapy. He had probably damaged his cognitive behaviours and had grown so much into this disease that he needed hard training to „come back to himself”.

Aside of course from occult tech channels, order dimensions and interdimensional realities and entities, it is a psychic quagmire that lies on the earth. Just because people are closed off and clueless does not mean their minds have stopped working with magical consciousness, it means they are procuring masses of strange energies through their clueless minds and throwing them out into the open, when someone who is sensitive opens up to it, — it drives them insane. It is a disease of civilisation, ranging from alienation to split consciousness. A fragmented consciousness opens up space for influences of any kinds. Psychiatry as it is known today may contain the issue and reassure its clients, but it has absolutely no answers to their recovery, healing and self-empowerment.

For example, 'hearing voices', mental larvae aside — this ability could be switched on or off naturally by yogis in the past and was called clairaudience, — 'hearing the voices' was an ability by which manifestations of the astral world could be heard, in modern times it is a communication quagmire. Through clairsentience of energy or the ability to recognise energy physically, one can see how energy is stopped in the brain by different layers, connections to dimensions that abuse it and occult structures that tap into it on a neural level. For example, layers of energy and neural modifications that are not recognised by science and for which there is no medical basis as yet, by forcing connections in the auditory centre that result in 'hearing' whatever the person's head is connected to or shares frequencies with. Such 'connections' can be installed and reinforced at the energy-mind level to drive the victim insane. But they can also be painstakingly removed from the energy levels or forcibly torn out.

The irony is that those who have been terrorised lose themselves in their speculations, delusions and follies. Even when they share bits and pieces of their knowledge, they do not usually reach those who have been similarly abused, let alone remove the whole structures that enable such harassment by being ostracised or removed from blind society, and those who do rarely manage to tell their story. While the machinery of the juggernaut of subjugation

continues, selectively or collectively destroying lives, the cover-up is extremely easy due to the selectivity of such attacks, and the means to fight back must be developed individually, resulting in a rather lonely war.

5 LIST OF VIOLATING TECHNIQUES EXPLAINED WITH COUNTER-METHODS FOR SELF-DEFENSE

Over the years I was exposed to many psyche modification techniques, which fortunately I was able to recognise and remedy to some degree, resulting in several personality splits (as with MKULTRA and the Phoenix I and Phoenix II projects, later referred to as the Montauk phenomena), and I managed to integrate the splits along the meta-consciousness and build an entirely new self. Having enough resistance to conditioning, I managed to programme certain parts of my psyche against the onslaught of subjugation and punishment. Whatever the cause, I found that it is a general phenomenon where the mind is subjugated, violated and forced to work in a way that deviates from the daimon, right at the mind level for the sole purpose of exerting strict control over it and enslaving it. The daimon itself is not enslaved, as the connection is not cut, but the mind is not functioning properly on the earthly plane, thereby influencing the daimon genii. In other words, they will not influence the gods, but merely destroy their earthly minds so that they can take revenge posthumously.

Some of these phenomena can also occur in a normal, unaffected person. The sources of many of these illnesses may be from interpenetrating realities and may be magical (either through random connections or deliberate targeting), they may result from the accumulation of various mental parasites in inhabited areas (general genius or character of the place), they may be accidental, as many entities do not understand what they are doing to a living mind, or they may be technologically induced (mind control techniques), or they may simply be caused by underlying brain processes and their maladaptation to the modern environment. An energetically eukratic, functional human being, freed from all unauthorised connections, protected and shielded, has no such complaints.

6 DEFENCE AND OFFENCE

The first component of protection is simply awareness, mindfulness, the ability to recognise and observe the flow of the mind and filter out anything that is incompatible with the volitional or declarative phase (it is easy to mistake the forced substitute cues for your own if you have not developed your mind), the second requirement is cognitive training to prevent and ignore the abusive techniques. The third requirement is building willpower and resilience with a well-developed ability to reality check, because most people exposed to such attacks can quickly develop psychosis and delusions. Now, delusions: a belief in a phenomenon that in reality is not as psychiatrists would like it to be — anything that does not fit the system's picture and is discarded as highly improbable but possibly true. There are various techniques to dissolve certain unauthorised energy connections on the energetic level: Either by being able to sense these resonances in one's own skull and shutting them off through mental actions and applying pressure using energy segments of the brain to cut the connections, by disconnecting from certain dimensions and removing energy devices, by attaching bombs and

reprogramming servitors, by programming the brain with noise frequencies and destabilising the imprints or adapting to other brainwaves, by asking interdimensional species for help in removing illicit connections, or through magical actions based on removing such illicit connections from the mind and destroying the blockages in the mind. Once you have learnt it, it is also a basis for mental hygiene — for example, if an egregor of fear is probing another person's mind, it can be quickly isolated, sealed and destroyed so that it no longer has any influence on the mind of a person who is consciously removing such thought forms or psychosomatoforms. By developing and maintaining a meta-consciousness hologram in which perceptions, memories and experiences are stored and retrieved from, in a much higher place than that to which the controllers have access. Remember that the Consciousness Grid filters out certain sequences of information, hidden data, perceptions and memories as if it were detecting a breakthrough and deletes them from the memory pool. It is extremely important to train the memory and write down memories because this is the basis of perception that conditions personal consciousness. The more defensive active tactical strikes and retaliatory measures involve:

- Building a natural resistance to conditioning, introspection, development of the transcendent third component, which is a primary reference for perceiving any change, also called holographic consciousness, which is a repository of living memories and the primary ideal toward which we evolve.
- Use nigromancy to find the source of abuse and re-attack the target (not recommended)
- Take over the communication channels and infect them with astral viruses that spread in the abusers' minds so that entire networks can be infected. (may rebound on the initiator)
- Connect the abusers' channels to dimensions completely unknown to them, which can lead to madness, or bind their destinies so that they end up in strange or hellish realities and reprogram their destinies. (cruel, but sometimes effective)
- Negotiate with the daemonoids sent to destroy us so that they return to the senders and wreak havoc in their minds and bodies (if you can withstand the attack, they can withstand the counteroffensive with their own tools — not recommended, as these entities demand pacts and quid pro quos)

Caution: Although these retaliatory measures are not the only ones available, it is neither possible nor legal to physically attack individuals in the ranks of psy-ops or magical syndicates who are abusers, nor is it legal to harm any person, especially since identifying such individuals both leads to paranoia, but using entities to identify conscious abusers and using heavy black magic for the purpose of realignment carries the risk of being associated with inferior realities or being dominated by possessions oneself. The noblest thing you can do is to survive, even if sometimes that is not possible. Usually, if the perpetrators go unpunished, they continue the extent of the damage to see how much more they can do. „The wise should be forgiven, the

incorrigible fools punished and destroyed” — appeal to forces that can exterminate them without making your own hands dirty.

— Considering certain general trends I have observed, I have invented a method, namely, „If your enemies put you under the influence of their jurisdiction and bully you according to their rules, contact a higher entity that is totally alien, strange and scary to them, take them out of their safe territory and comfort zone, when such an opportunity arises, claim them as the property of the higher entity and sell them to that entity (contract negotiations), and then hand them over to the strange entity altogether. In this case, you gain the right to dispose of the entire collective of your enemies and hand them over to a legal system to which you are loyal and by which you are protected, while they are destroyed or punished en masse.

7 LIST OF REGISTERED MIND-ABUSE TECHNIQUES

Note: The list is selective.

You must maintain control over yourself and your programming and be aware of certain techniques; otherwise, you may be “influenced” by others.

The techniques described here are drawn from multiple sources, including intelligence, entity targeting, alternate continuum targeting, occult technologies, and experimentation within alternate dimensions. It is essential not to adopt a victim mentality but instead to gradually learn how to survive and take action. Whether or not we believe such abuse is possible is subjective and dependent on individual experience. The techniques outlined here were used on the author, who was only able to document them through resilience. Furthermore, it is important to distinguish between naturally occurring physiological brain processes and those that are synthetically induced (externally), which affect the psychosomatic functioning of a person.

PROVOCATIONS FOR MENTAL PROFILING

Definition: Provocations for mental profiling is a psychological technique used to manipulate and observe an individual’s thought patterns by embedding them within specific, often distressing, scripted scenarios. The goal is to gauge the individual’s internal reactions and construct a detailed mental profile, which can reveal vulnerabilities, predispositions, and behavioral tendencies. For example, an individual who is not inclined to violence may be exposed to scenarios that simulate violent acts, such as murder, in an attempt to provoke emotional or cognitive responses. These provocations are designed to reveal underlying psychological traits, weaknesses, or potential triggers that may not be visible under normal circumstances. If the individual is susceptible, their responses may become exaggerated or manipulated, offering valuable insights for further exploitation or control.

Escalation of Behavior and Risk Factors: This process goes beyond simple observation; it can actively escalate certain behaviors, pushing individuals toward extreme reactions or harmful actions. When these provocations are carefully scripted, the subject’s cognitive and emotional boundaries can be tested, revealing how susceptible they are to influence, stress, or coercion. Depending on the individual’s awareness and ability to detect underlying manipulations, they may fail to recognize the subtle cues that guide their thought processes. In such cases, the profiling process can lead to the creation of compromising material that can be used for blackmail or defamation. At its most extreme, this technique can be leveraged to provoke sabotage, coercion, or even the manipulation of a person’s life and reputation. The

effectiveness of this method hinges on how well the mental profiles are constructed and the depth of psychological manipulation involved. Consequently, it presents significant ethical risks and concerns about privacy and personal autonomy, especially when used for malicious purposes.

EMOTIONAL INCURSION

Definition: Emotional incursion refers to the deliberate and strategic exploitation of emotions to manipulate cognition, disrupt rational processing, and erode psychological stability. By targeting the biochemical foundations of emotional responses, this method undermines the target's ability to critically assess information and make sound decisions. Emotional incursion functions by linking specific emotions to particular narratives, reinforcing biased or skewed perceptions that override logical reasoning. Through repeated exposure to emotionally charged stimuli—whether fear, anger, guilt, or euphoria—the target becomes conditioned to react in predictable ways, favoring emotional responses over analytical thought. As emotional biases intensify, the target's cognitive autonomy diminishes, allowing external forces to dictate perceptions, beliefs, and actions with minimal resistance. In this way, emotional incursion transforms emotions from personal experiences into tools of external control.

Mechanisms of Emotional Incursion

Emotional incursion operates by exploiting the deep neurological connections between emotion and cognition. By triggering heightened emotional states, rational judgment is compromised, making the target more susceptible to persuasion, suggestion, or outright deception. This technique can manifest in various forms, such as:

- **Fear-based manipulation** – Instilling chronic anxiety or dread over perceived threats, real or fabricated, to keep the target in a heightened state of vulnerability.
- **Anger induction** – Provoking hostility or outrage toward specific individuals, groups, or ideologies, ensuring that emotional reactivity supersedes critical thought.
- **Guilt reinforcement** – Leveraging feelings of shame or moral responsibility to coerce behavioral changes or ideological alignment.
- **Euphoria conditioning** – Associating certain messages or authorities with pleasure, satisfaction, or reward, making acceptance of information feel instinctively gratifying rather than intellectually validated.

By systematically reinforcing these emotional triggers, external agents can cultivate long-term emotional dependencies in the target, ensuring compliance without overt coercion. The gradual erosion of emotional self-regulation leads to a state where the target no longer differentiates between emotional impulse and rational thought, becoming effectively controlled by the engineered emotional landscape imposed upon them.

Psychological Impact of Emotional Incursion

The effects of emotional incursion extend far beyond momentary shifts in perception, leading to deep psychological reconditioning. When emotions become the primary driver of cognition, the target experiences a weakening of independent reasoning, a decline in critical skepticism, and an increased susceptibility to groupthink and ideological manipulation. Over time, as emotionally conditioned responses become ingrained, the target internalizes manipulated narratives as personal convictions, losing the ability to discern between authentic emotional experiences and externally imposed affective states.

The long-term consequences can include:

- Emotional exhaustion and cognitive fatigue, resulting from the constant activation of high-intensity emotional states.
- Dependency on external emotional cues to navigate reality, reinforcing reliance on authoritative sources of manipulation.
- The reshaping of identity and personal values to align with artificially induced emotional frameworks.

Through emotional incursion, external influences do not merely shape temporary opinions but reconstruct the fundamental mechanisms through which the target experiences and interprets the world. In doing so, emotions cease to be an internal compass and become instruments of external domination, turning affective manipulation into a powerful tool of control.

ENFORCING THOUGHT-PATTERNS FOR PROFILING

Definition: This method involves disrupting the mind's natural cognitive and emotional patterns and replacing them with synthetically induced patterns. The purpose is to manipulate the subject's thought processes, either subtly or overtly, to analyze their reactions and construct a comprehensive mental profile.

By forcibly breaking down the organic flow of thoughts, the technique creates artificial scenarios or thought constructs that the mind is compelled to navigate. These imposed patterns can be designed to provoke specific reactions, such as fear, anger, confusion, or compliance, which are then analyzed to understand the subject's psychological tendencies, emotional triggers, and behavioral inclinations.

This approach may also involve forcing the mind to adopt certain belief systems or perspectives, pushing the subject to act in ways that align with the imposed patterns. For instance, an individual may be led to question their values or take actions they would not naturally consider, solely to observe how they adapt or resist.

The data gathered through these enforced patterns is used to sketch a detailed mental profile, which could include emotional resilience, susceptibility to influence, decision-making strategies, and latent vulnerabilities. In some cases, these techniques are employed maliciously to exploit or manipulate the individual for ulterior motives, such as coercion, control, or psychological conditioning.

The success of this method often hinges on the subject's level of self-awareness and their ability to recognize and resist externally induced thought patterns. For those unaware of the manipulation, the process can deeply compromise their mental autonomy, potentially leading to long-term cognitive dissonance, confusion, or behavioral conditioning.

COGNITIVE CUT-OUTS

Definition: This technique involves deliberately removing or suppressing existing thought or script patterns within an individual's cognitive framework and replacing them with new information designed to reinforce a particular belief system or ideology. It may also include testing the "insertion" of externally derived mental scripts or patterns from another individual or profile to overpower, modify, or entirely overwrite the target's existing mental and behavioral patterns.

Mechanism

Cognitive cut-outs function by disrupting the continuity of natural thought processes. This may involve isolating specific cognitive patterns—such as beliefs, memories, or habitual reactions—and effectively severing them from the individual's mental framework. Once this cognitive "void" is created, it becomes a fertile ground for external programming. The new content is often introduced subtly, using techniques like subliminal messaging, emotional priming, or repetitive exposure to ensure the replacement script takes hold.

Script overrides can come in various forms, such as pre-designed thought constructs, ideologies, or behavioral triggers. These overrides are crafted to either align with the manipulator's goals or to destabilize the target's sense of self. By imposing foreign mental structures, the individual's cognitive autonomy is undermined, making them more susceptible to manipulation and control.

Applications and Implications

1. **Reinforcing Belief Systems:** This technique is frequently used to indoctrinate individuals into specific belief systems by replacing their original cognitive frameworks. For example, deeply held values or ideologies may be removed and substituted with beliefs that serve the manipulator's agenda.
2. **Behavioral Manipulation:** By inserting scripts that dictate particular actions or decisions, this method can lead individuals to act in ways they would not naturally consider. This is often achieved by creating emotional or cognitive associations that make the new patterns seem rational or desirable.

3. **Testing Script Overrides:** In some cases, the purpose is not to permanently modify cognition but to experiment with the individual's response to externally introduced scripts. These tests can reveal how effectively a foreign cognitive pattern can overwrite natural ones and how the target adapts, resists, or internalizes the new programming.

Consequences for the Target

- **Loss of Cognitive Autonomy:** The individual may lose their ability to distinguish between their original thoughts and externally imposed ones, leading to confusion, dependency, or a fragmented sense of self.
- **Identity Destabilization:** When foundational cognitive patterns are removed or altered, the individual's identity can become destabilized, resulting in existential uncertainty or vulnerability to further manipulation.
- **Behavioral Conditioning:** Repeated exposure to such cognitive manipulation may condition the individual to accept external control as natural, reducing their capacity for independent thought.

Defensive Measures

- **Self-Awareness:** Developing a heightened awareness of one's cognitive patterns can help detect and resist external attempts at manipulation.
- **Critical Thinking:** Regularly challenging and analyzing one's beliefs and thought processes reduces the risk of unconsciously internalizing imposed scripts.
- **Resilience Training:** Mental resilience exercises, such as mindfulness, meditation, or cognitive-behavioral techniques, can strengthen the mind against intrusive influences.

REALITY TUNNEL SHIFTING AND/OR ENGINEERING

Definition: Reality tunnel shifting or engineering involves manipulating an individual's perception of reality by altering their cognitive and interpretive frameworks, often referred to as "reality tunnels." This can be achieved either by disseminating disinformation that reinforces, dissolves, or transforms their current reality tunnel or by employing subliminal "structural" feeds designed to subtly replace thought patterns and belief systems without overt detection. The ultimate goal is to reshape the individual's worldview and, consequently, their behavior, decisions, and identity.

Mechanisms of Manipulation

- **Disinformation Campaigns:** By flooding the target with false, misleading, or selectively framed information, their existing reality tunnel can be destabilized. For instance, presenting conflicting narratives about a key belief or identity can create cognitive

dissonance, leading to confusion and a subsequent re-evaluation of their worldview. Alternatively, disinformation can reinforce existing biases, strengthening a reality tunnel to the point where alternative perspectives are dismissed outright.

- **Subliminal Structural Feeds:** These involve the covert delivery of messages or stimuli that bypass conscious awareness to implant new frameworks or subtly erode old ones. Subliminal inputs may include coded language, imagery, or emotionally charged triggers embedded in media, advertising, or communication. Over time, these “feeds” can establish new cognitive structures that alter how the individual interprets reality, often without them realizing the manipulation has occurred.

Applications and Implications

1. **Reinforcement of Reality Tunnels:** When used strategically, these methods can entrench an individual deeper into their existing worldview. This can be exploited to create ideological echo chambers, limit critical thinking, or foster unyielding loyalty to a particular narrative or system of thought.
2. **Dissolution of Reality Tunnels:** In cases where destabilization is the objective, reality tunnel engineering can dissolve the cognitive coherence of an individual’s worldview, leaving them disoriented and vulnerable to suggestion. This method is particularly effective for undermining opposition or creating pliable individuals who are more susceptible to new frameworks.
3. **Transformation of Reality Tunnels:** A more sophisticated application involves gradually transitioning an individual from one reality tunnel to another. This process requires a combination of disinformation and subliminal feeds that guide the target through a controlled cognitive shift, ensuring the new reality tunnel aligns with the manipulator’s objectives.

Consequences for the Target

The effects of reality tunnel engineering can be profound and long-lasting. Individuals subjected to these techniques may experience an erosion of their ability to trust their perceptions, leading to cognitive instability or existential confusion. Prolonged exposure can result in identity crises, reduced autonomy, and increased susceptibility to future manipulation. At its most extreme, reality tunnel engineering can sever an individual from their original sense of self, reshaping them into a construct of the manipulator’s design.

Developing cognitive resilience and fostering open-mindedness without gullibility are critical defenses against such techniques. By actively questioning the sources and validity of information, individuals can safeguard their cognitive sovereignty and maintain a balanced reality tunnel that is resistant to external engineering.

Definition: This technique involves orchestrating events or stimuli that appear random, disjointed, or inexplicably connected, inducing cognitive dissonance and confusion. These “anomalies” exploit the mind’s natural tendency to seek patterns and causal relationships, particularly when rational information is withheld. When individuals encounter events they cannot logically reduce or explain, the experience can destabilize their understanding of reality, especially if their cognitive and emotional frameworks—ego structures, belief systems, or focus of attention—are already disrupted.

Mechanisms of Anomaly Induction

At a fundamental level, inducing confusion through hidden causalities works by presenting situations that seem anomalistic or inexplicable but are, in fact, highly causal and deliberate. For instance, when the logical connection between cause and effect is obscured or manipulated, the target is left to grapple with uncertainty. This can be amplified by destabilizing ego structures through psychological stress, cognitive overload, or subliminal messaging. A dissociative phase is often induced, weakening the individual’s ability to discern reality and leading them to form irrational or delusional associations in the absence of coherent, rational input.

This process is further compounded by disruptions in the brain’s ionotropic or neural conductivity. Such disruptions, whether induced chemically, environmentally, or psychologically, impair the brain’s capacity to maintain stable patterns of perception and reasoning. The weakened neural conductivity hampers the ability to evaluate events critically, leaving the target vulnerable to confusion and misinterpretation of the stimuli they encounter.

Applications and Psychological Vulnerabilities

1. **Manipulation of Meaning-Making:** Individuals rely heavily on their ego structures—systems of meaning, identity, and belief—to interpret their experiences. By targeting these structures and introducing confusion, manipulators can redirect an individual’s focus and mental energy. For example, a person in a destabilized state might misattribute significance to unrelated events, forming delusional beliefs that further isolate them from rational frameworks. This mechanism can be used to alienate individuals from their sense of reality or reorient their attention toward a manipulated narrative.
2. **Weaponizing Dissociation:** Dissociation, whether naturally occurring or induced, weakens the boundaries between rationality and delusion. In this state, individuals are more prone to suggestion and more likely to form irrational causal links between unrelated phenomena. This is particularly effective in environments where valid, rational information is intentionally withheld or distorted. By guiding their fragmented attention toward pre-engineered associations, the manipulator can implant beliefs or behaviors that align with their agenda.

Consequences and Exploitation

When successfully employed, anomaly induction can disarm an individual's cognitive defenses and foster long-term vulnerability to further manipulation. The confusion created by such events disrupts the individual's ability to trust their perceptions or logic, increasing dependence on external sources for clarity or validation. Over time, this can lead to cognitive paralysis, reduced autonomy, and an inability to discern reality from constructed illusions.

At a societal level, inducing anomalies can erode collective trust in shared narratives or institutions, creating fertile ground for manipulation. Whether applied to individuals or groups, the long-term effects of this technique can include fragmentation of identity, susceptibility to conspiracy theories, or adoption of maladaptive coping mechanisms. Awareness of such tactics and a commitment to cultivating critical thinking, emotional stability, and cognitive resilience are essential defenses against this form of psychological exploitation.

REPETITIVE PATTERNS

Definition: Repetition is a powerful psychological mechanism, often used to embed patterns within the cognitive framework of an individual. By imposing repetitive, invalid patterns—whether through sensory input, thought structures, or environmental cues—the manipulator forces the mind into a state of hyper-focus or disorientation. These repeated stimuli can overwhelm cognitive systems, creating a coercive force that impairs critical reasoning, undermines emotional stability, and conditions the mind to accept the patterns as valid material for interpretation and analysis.

Mechanisms of Repetition-Induced Control

At its core, repetitive patterning functions by exploiting the brain's tendency to seek order and meaning in recurring stimuli. When patterns are presented persistently, even if invalid or nonsensical, the mind instinctively attempts to integrate them into its perception of reality. Over time, this can result in the patterns being recorded as "valid" despite their lack of coherence or logical significance. This manipulation capitalizes on the human brain's neuroplasticity, creating pathways that entrench the false patterns into long-term memory.

When employed as a coercive force, repetition can manifest as a form of psychological torture. Repeated exposure to invalid stimuli disrupts the brain's ability to filter out irrelevant or harmful information, creating cognitive fatigue and reducing the individual's ability to resist manipulation. In extreme cases, the constant assault of repetitive patterns can lead to mental exhaustion, making the individual more compliant and susceptible to suggestion.

Filtering Through Higher Meta-Reality Systems

One of the most effective defenses against repetitive pattern manipulation lies in adherence to higher-order cognitive frameworks or "meta-reality systems." These systems involve the recognition of broader, more meaningful structures that transcend the immediate stimuli,

allowing the individual to contextualize and dismiss repetitive patterns as irrelevant noise. For example, individuals trained to focus on larger philosophical or existential frameworks may recognize the invalidity of the repeated material and filter it out of their cognitive processing.

This ability to rise above repetitive patterns requires a strong foundation in critical thinking, mindfulness, and self-awareness. By consciously rejecting invalid inputs and reaffirming one's connection to a higher-order reality, individuals can neutralize the coercive effects of repetition. Moreover, cultivating resilience through practices like meditation, reflective thought, or engaging in creative problem-solving can help reinforce the cognitive filters needed to withstand such attacks.

Applications and Implications

Repetitive patterning is often deployed in environments where prolonged exposure can wear down an individual's mental and emotional defenses. This technique is particularly prevalent in interrogation, propaganda, and subliminal conditioning, where repetition is used to implant ideas or provoke behavioral responses. However, its influence extends beyond direct manipulation, as repetitive messaging in media or social systems can subtly shape public opinion, normalize certain ideologies, or reinforce specific cultural norms.

The long-term implications of unchecked exposure to repetitive patterns are profound. At an individual level, repeated invalid stimuli can contribute to anxiety, depression, and cognitive dissonance. On a collective scale, it can create echo chambers of thought, where invalid ideas gain traction through sheer repetition, eroding critical thinking within communities or societies. To counteract these effects, fostering intellectual and emotional agility is crucial, enabling individuals and groups to discern between meaningful patterns and manipulative noise.

VERBAL BREAKING OF ADVANCED COGNITIVE PATTERNS

Definition_: Language is intricately linked to cognition, serving as both a tool for communication and a framework for organizing thoughts, emotions, and perceptions. Most minds are dovetailed with language structures that are deeply connected to internal affective maps—emotional associations tied to words, phrases, and imagery. These verbal-affective connections are often exploited to coerce behavior, manipulate emotional responses, or disrupt advanced cognitive patterns. By targeting these linguistic structures, external forces can destabilize rational thought and reinforce desired narratives.

Mechanisms of Verbal Filtering and Exploitation

Verbal breaking operates by leveraging the mind's dependence on language to process and encode experiences. When specific words or phrases are introduced, they can trigger emotional reactions tied to prior associations, effectively bypassing logical reasoning. For instance, words with strong affective resonance—such as those linked to fear, joy, guilt, or anger—can elicit visceral responses that override critical thinking. This manipulation is often

subliminal, relying on subtle cues embedded within speech, text, or media to guide the individual's thought processes without overt awareness.

Over time, repeated exposure to manipulated verbal patterns can disrupt advanced cognitive processes. These include abstract reasoning, problem-solving, and reflective thought, as the mind becomes entangled in a web of emotionally charged language. In extreme cases, this can create a “language prison,” where the individual's thoughts and perceptions are confined within the parameters of the manipulated verbal framework. The more an individual internalizes these patterns, the harder it becomes to think beyond the imposed linguistic structures, limiting creativity and self-determination.

Breaking Free: Intuitive and Wordless Awareness

Escaping the language prison requires cultivating an awareness of the mind's reliance on verbal structures and developing the ability to shift into intuitive, wordless states of cognition. These states transcend the limitations of language, allowing the individual to access a deeper, more holistic understanding of reality. Practices such as meditation, visualization, or mindfulness exercises can facilitate this shift by fostering direct experiential awareness, unmediated by verbal filters.

Training the mind to recognize and neutralize subliminal linguistic cues is also essential. This involves honing metacognitive skills—thinking about one's own thought processes—and critically analyzing how language influences perception and behavior. By identifying patterns of verbal manipulation, individuals can dismantle the affective-verbal maps that tether them to imposed cognitive frameworks. Over time, this practice strengthens mental resilience and restores the capacity for independent thought.

Applications and Implications

The implications of verbal breaking extend far beyond individual manipulation, as language-based coercion is a key tactic in propaganda, marketing, and psychological warfare. Societal narratives are often shaped through the deliberate use of emotionally charged language, creating collective affective-verbal maps that influence public opinion and behavior. By engineering the verbal structures that dominate discourse, powerful entities can control how individuals and groups interpret reality.

However, the same principles that allow for verbal manipulation also offer a pathway to liberation. By fostering awareness of linguistic dependencies and promoting intuitive, non-verbal cognition, individuals and societies can break free from the confines of imposed narratives. This not only empowers individuals to reclaim their cognitive autonomy but also fosters a more nuanced, multifaceted understanding of the world that transcends the limitations of language.

Definition: Affective-verbal brainwashing involves the strategic manipulation of language to exploit the emotional and cognitive connections individuals have with specific words, phrases, or linguistic patterns. Words have powerful associations in the human mind—often linked to past experiences, emotional triggers, and deeply ingrained belief systems. By targeting these affective-cognitive components, brainwashing techniques can alter thought patterns, induce confusion, and temporarily modify behavior by hijacking the emotional responses that words elicit. This method does not rely solely on direct persuasion but instead taps into the subconscious processing of language, allowing external influences to mold cognitive and emotional states from within.

Mechanisms of Affective-Verbal Manipulation

Affective-verbal brainwashing works by using the emotional weight of words to destabilize and reprogram mental frameworks. When an individual repeatedly encounters certain terms or phrases, these words begin to activate specific emotional circuits within the brain—whether related to fear, pleasure, guilt, or anger. By strategically repeating or altering the frequency and context in which these words are encountered, a manipulator can generate confusion or cognitive dissonance. For example, the constant exposure to contradictory phrases that cause internal tension can prevent the person from forming a coherent understanding of their environment or emotions. This dissonance can make the individual more susceptible to external control, as they begin to rely on emotionally charged language to make sense of their reality.

Furthermore, affective-verbal brainwashing often leads to the creation of delusions—false beliefs that are built upon the emotional undercurrent of specific words. By manipulating the emotional triggers of language, external forces can induce a sense of urgency, fear, or excitement, clouding an individual's judgment and disrupting rational analysis. This distortion of perception is especially effective when it exploits underlying vulnerabilities, such as anxiety, guilt, or self-doubt. Over time, these manipulated words can alter the individual's belief systems, leading them to adopt new perspectives, behaviors, or actions that serve the interests of the manipulator, even if they are at odds with the individual's previous values or reasoning.

Temporary Behavioral Shifts and Cognitive Disruption

One of the primary goals of affective-verbal brainwashing is to induce temporary shifts in behavior. By embedding emotionally charged words and concepts into the target's thought processes, these linguistic cues can prompt sudden changes in actions, preferences, or decisions. These shifts may appear as an instinctive reaction to perceived threats or opportunities, driven not by reason but by the emotional weight of the words involved. For instance, a person may suddenly adopt a new political stance or alter their behavior in response to a highly charged word or phrase linked to fear or desire, even if it contradicts their

prior attitudes. The temporary nature of these changes allows the manipulator to test the efficacy of their strategy, gradually tightening their grip over time.

This manipulation is particularly potent when combined with environmental or social pressures, which reinforce the emotional states triggered by the affective-verbal cues. As these altered emotional states strengthen over time, they create a feedback loop in which the individual becomes increasingly reliant on external linguistic inputs to navigate their reality. This reliance on manipulated verbal cues disrupts the individual's ability to trust their own rational judgment, leading to an altered sense of self and reality. Thus, affective-verbal brainwashing not only reshapes the immediate thought processes but can also have long-term implications for an individual's sense of autonomy, self-identity, and decision-making.

Long-Term Consequences and Countermeasures

The long-term consequences of affective-verbal brainwashing can be severe, as it has the potential to reshape a person's worldview, identity, and social behavior. Individuals who have undergone prolonged exposure to affective-verbal manipulation may find it difficult to discern reality from the emotionally charged narratives they've been taught to adopt. They may struggle to make independent decisions or recognize when they are being influenced by external forces. The emotional bonds formed with certain words or phrases can become so deeply ingrained that the individual is incapable of perceiving them objectively, leading to long-lasting cognitive distortions.

However, the same vulnerabilities that make affective-verbal brainwashing effective also provide pathways for resistance and recovery. By fostering awareness of the emotional power of language and learning to recognize the subtle cues that influence thought and behavior, individuals can begin to reclaim their cognitive autonomy. Techniques such as mindfulness, critical thinking, and emotional regulation can help individuals develop greater resilience to linguistic manipulation, allowing them to reassert control over their beliefs and actions. Recognizing the impact of emotionally charged language is the first step in dismantling the influence of affective-verbal brainwashing, offering a path to cognitive clarity and self-determination.

THOUGHT-SCRIPTING

_Definition: Thought-scripting refers to the covert process of subtly inducing specific thought patterns by manipulating the mental energy state of an individual. This involves creating an energy shift within the mind that alters the usual flow of thoughts, emotions, and cognitive processes. The “script” is embedded in this energy shift, which is then read and processed consciously when the individual becomes aware of the change. Essentially, thought-scripting directs the subconscious mind by influencing the mental environment, causing particular thoughts, beliefs, or behaviors to arise spontaneously once the energy shift is recognized by the individual's conscious awareness.

Mechanisms of Thought-Scripting

The key to thought-scripting lies in the manipulation of the mental energy field, which governs an individual's cognitive state. Mental energy refers to the complex interplay of emotional, intellectual, and physiological factors that shape an individual's thought patterns. By subtly altering this energy through external stimuli—such as specific words, sounds, or environmental conditions—a “script” is embedded within the shift, guiding the individual’s thinking along pre-determined lines. This process often takes place below the level of full conscious awareness, as the individual is first exposed to the energy shift before any deliberate recognition of the script occurs.

Once the mental energy shift is acknowledged, the individual may consciously interpret the thoughts that arise as their own, even though they have been subtly guided by external forces. This phenomenon exploits the malleability of the mind, particularly its capacity to generate thoughts and responses in reaction to subtle environmental or internal changes. In some cases, this process can be used to implant specific beliefs or narratives by aligning the person’s thought patterns with the intended script, without them ever realizing that their thoughts are not entirely self-generated. Over time, with continued reinforcement of the energy shifts, the individual may internalize these scripts as part of their core cognitive processes, making the manipulation even more potent.

Applications and Long-Term Effects

Thought-scripting can be employed to subtly change an individual's worldview, emotional responses, or even behaviors by embedding desired thought patterns into their subconscious mind. For example, through prolonged exposure to specific energy shifts, a person could develop a sense of anxiety or euphoria linked to particular stimuli, or they may start to think in ways that align with a specific ideological or behavioral framework. This kind of influence is particularly effective in environments where the individual’s cognitive boundaries are already weakened, such as during periods of stress, fatigue, or emotional vulnerability.

The long-term effects of thought-scripting can be profound. When a script is consistently reinforced, it can create a persistent change in a person’s internal cognitive landscape, ultimately shaping their decisions, beliefs, and actions. In extreme cases, individuals may come to identify the scripted thought patterns as natural or authentic to their personality, even though these thoughts were deliberately introduced. As a result, they may lose the ability to distinguish between their original thought processes and the externally imposed scripts, leading to a sense of cognitive dissociation or disorientation. The cumulative impact of thought-scripting can alter not only individual thoughts but also the underlying structures of consciousness, leaving the person more vulnerable to further manipulation or control.

SENSE-ENERGY AND FOCUS-ENERGY CUING

Definition: Sense-energy and focus-energy cuing refers to the deliberate redirection or manipulation of the mental energy associated with sensory perception and cognitive focus. This involves altering where attention, sensory input, and mental resources are directed,

thereby influencing how an individual experiences and interacts with their environment. By shifting the energy flow tied to specific sensory modalities or areas of concentration, one can control the perception of reality, influence thought processes, and even alter the emotional or cognitive responses of an individual to external stimuli. This cuing process relies on the deep connection between the mind's attention system and the energy that powers sensory awareness, as well as the conscious control of attention that allows individuals to filter and prioritize incoming information.

Mechanisms of Sense-Energy and Focus-Energy Cuing

The foundation of sense-energy cuing lies in the brain's capacity to allocate mental resources to various cognitive tasks, such as processing sensory data, focusing on particular stimuli, or engaging in abstract thought. Mental energy is allocated dynamically based on external and internal cues, which can be subtly manipulated. For instance, by providing specific cues or environmental triggers, a person's attention can be intentionally shifted from one sense or perception to another—redirecting focus from visual information to auditory or tactile experiences. In doing so, the individual's mental resources become concentrated in different regions of the brain, impacting how they process and interpret their surroundings. This redirection can either heighten the clarity of the new sensory experience or obscure the original point of focus, leading to altered perceptions of reality.

In a more advanced form of cuing, the manipulation of focus-energy can induce a deeper, more pervasive shift in attention, disrupting the individual's cognitive flow to create confusion or to induce specific behaviors. For example, by manipulating the energy flow associated with a person's focus on a task or thought process, one can cause a temporary shift in their priorities or cause them to engage in activities that would not normally align with their goals or desires. This can lead to both subtle and dramatic changes in how a person interacts with the world around them, especially when the cuing is used over extended periods or combined with other forms of mental influence. When sense-energy and focus-energy cuing are employed in tandem, they can override a person's natural cognitive processes, distorting their awareness and prompting them to engage with the environment in ways that serve the purpose of the manipulator.

Applications and Long-Term Effects

Sense-energy and focus-energy cuing have practical applications in a variety of contexts, from therapeutic settings to more manipulative or coercive environments. In therapy, for instance, practitioners might use cuing techniques to help individuals reframe their perceptions, shift focus, and break out of negative thought loops. However, in a more exploitative context, this same technique can be used to destabilize an individual's sense of control over their attention, leading them to adopt distorted perceptions or engage in actions that contradict their core beliefs. For example, cuing techniques can be used to distract a person from a distressing memory, directing their focus onto something unrelated, or even manipulating the emotional response associated with particular sensory experiences, thereby distorting their reality.

Over time, consistent redirection of mental energy can result in a decreased ability for the individual to maintain control over their focus or to discern the true source of their thoughts

and perceptions. The more frequently an individual's mental energy is cued in unnatural ways, the more difficult it becomes for them to distinguish between genuine, internally-driven thoughts and those imposed externally. This disruption can lead to a loss of cognitive autonomy, where the individual's ability to independently direct their attention and sensory awareness becomes compromised. The long-term effects may include heightened susceptibility to manipulation, increased emotional instability, or a general sense of disorientation as the individual becomes less able to trust their own sensory experiences or mental processes.

KNOWLEDGE AND INFORMATION MANAGEMENT AND CONFUSION

Definition: Knowledge and information management in the context of confusion refers to the strategic withholding, concealing, or distorting of valuable data in a way that prevents individuals from making informed decisions or understanding the true nature of a situation. This process involves either deliberately filtering out essential information or presenting data in fragmented, ambiguous, or misleading forms. By controlling what information is accessible and how it is presented, an individual or group can sow confusion, leading to a breakdown in communication, a destabilization of trust, and the disruption of rational thought. The manipulation of information creates a situation where the recipient is left unable to make accurate sense of the world, often leading to cognitive dissonance, false beliefs, or indecision.

Mechanisms of Knowledge and Information Management

The manipulation of knowledge and information operates through various techniques that control the flow of data, its accessibility, and its interpretation. One of the primary methods is the selective withholding of information, where critical details are either not shared or deliberately hidden, leaving individuals to make decisions without a complete understanding of the circumstances. This can be done in personal relationships, organizational environments, or even in broader societal contexts, where the lack of transparency or suppression of facts prevents people from forming accurate perceptions. Additionally, information may be distorted or re-contextualized to create confusion about its relevance or significance. When important details are provided in a fragmented or disjointed manner, the recipient is left struggling to make logical connections, often leading them to accept conclusions that are inaccurate or misleading. This can result in a kind of informational paralysis, where the individual is overwhelmed by competing pieces of incomplete or contradictory data and, as a result, becomes unable to act or think clearly.

Furthermore, the intentional filtering of information often incorporates subtle techniques that make certain data appear irrelevant, untrustworthy, or even contradictory. When communication is flooded with noise or irrelevant details, it becomes difficult for individuals to discern what is truly important, creating a false sense of complexity or confusion. This kind of information overload can prevent the individual from seeing the bigger picture, leaving them trapped in a cycle of constant questioning and self-doubt. In more extreme cases, this

confusion can lead to cognitive distortion, where the person begins to believe false or misleading information because it is repeated often enough or presented in a manner that aligns with their existing biases or fears. Over time, this strategy can erode the individual's ability to process and interpret data independently, making them more susceptible to manipulation and less capable of critically evaluating the information they receive.

Impact on Decision-Making and Cognitive Dissonance

The impact of knowledge and information manipulation goes beyond simply confusing the individual; it actively undermines their decision-making processes and cognitive autonomy. When key facts are withheld or obscured, it becomes difficult for individuals to form a complete understanding of the issues at hand. This can cause them to make decisions based on incomplete or erroneous data, often leading to suboptimal outcomes. In the absence of clear and reliable information, people may fall back on assumptions, emotions, or external authority figures, which can further cloud their judgment. The confusion caused by incomplete or distorted information often leads to cognitive dissonance, a psychological state where the individual experiences discomfort from holding contradictory beliefs or information. To resolve this discomfort, the person may alter their beliefs or dismiss conflicting data, further reinforcing the cycle of confusion and misunderstanding.

Over time, this ongoing manipulation of information can create a profound sense of mistrust and disorientation, as the individual begins to lose confidence in their ability to discern truth from falsehood. The constant exposure to fragmented or misleading information may cause the person to question their perceptions of reality, destabilizing their sense of self and their place in the world. As the information they rely on becomes increasingly unreliable or difficult to interpret, they may begin to internalize the confusion, leading to a fractured understanding of the world. This can make it even harder for them to make informed decisions, leading them into a state of cognitive paralysis where they feel uncertain or incapable of making meaningful choices. In extreme cases, this manipulation can break down a person's ability to trust their own thoughts and judgments, leaving them more vulnerable to external influence and control.

DISINFORMATION BRUTE-FORCE FED DIRECTLY INTO THE MIND BY COGNITIVE REPLICATION

Definition: Disinformation brute force is the deliberate and aggressive process of inserting false or misleading information into an individual's cognitive structures through repetitive and forceful means. This method relies on the replication and reinforcement of false data by exploiting the individual's existing belief systems, cognitive biases, and neural pathways. By embedding disinformation within these established frameworks, the manipulator creates a seamless integration of lies that appear to fit naturally with the target's existing worldview. Through repetition, emotional appeal, and strategic framing, the false information is reinforced, making it harder for the individual to distinguish it from truth. This process may happen in both subtle, gradual ways or through more overt, direct interventions, often leading the target to internalize these false narratives as part of their personal belief system.

Techniques and Mechanisms of Cognitive Replication

The core technique of disinformation brute force relies on cognitive replication, which involves continuously feeding false information into the target's mind through repeated exposure. Repetition is key to ensuring that the false information is integrated into the cognitive structures of the individual's mind. This approach takes advantage of the mind's tendency to accept familiar patterns and repeat them, even if they are inaccurate or misleading. False information is often framed in ways that resonate with the individual's existing beliefs, making it more easily absorbed and difficult to reject. For instance, if a person already believes in a particular ideology or set of assumptions, disinformation can be subtly inserted into these belief structures, reinforcing their worldview while presenting the false data as congruent with their preexisting ideas.

In addition to repetition, emotional manipulation plays a significant role in this process. Disinformation is not just fed to the target on a cognitive level but also on an emotional one, where it is paired with intense emotional triggers—such as fear, anger, or hope—that compel the individual to accept the false information as truth. When this information is framed in a way that appeals to emotional responses, it bypasses rational filters and is more readily accepted by the unconscious mind. This manipulation is particularly effective when the disinformation fits into a broader narrative that the individual is already emotionally invested in. Over time, as the false information is reinforced through emotional and cognitive repetition, the individual becomes less likely to question its validity, even in the face of contradictory evidence.

Psychological Impact and Cognitive Lock-in

The prolonged feeding of disinformation has profound effects on the target's cognitive processes, potentially leading to cognitive lock-in, a psychological state in which the individual becomes so entrenched in false beliefs that it becomes increasingly difficult to change their perspective. This happens as the false information integrates itself into the individual's existing mental structures and belief systems, often creating a feedback loop where the person begins to actively seek out additional information that supports the false narrative, while disregarding or rationalizing away conflicting evidence. The mind starts to "self-correct" by distorting reality to maintain coherence with the disinformation, resulting in a warped sense of truth.

Furthermore, this technique exploits the cognitive principle of confirmation bias, where individuals are more likely to believe information that aligns with their preexisting views, even if that information is false. Over time, as the target is exposed to more and more disinformation, they may develop a false sense of certainty about their beliefs, solidifying their adherence to the misinformation. The emotional and cognitive repetition of false information can also lead to a breakdown in critical thinking, as the individual may no longer question or analyze incoming data with the same skepticism they once did. As cognitive lock-in sets in, the individual becomes increasingly resistant to new information, leaving them vulnerable to

manipulation and control by those who continue to feed them disinformation. This process of cognitive replication can deeply alter the person's perception of reality, making them susceptible to further manipulation or exploitation.

ENFORCED MENTAL AND ENERGY CUES

Definition: Enforced mental and energy cues refer to the intentional manipulation of an individual's cognitive and energetic states in order to provoke specific thoughts, emotions, or associations. This is achieved through subtle, often unnoticed cues or through more direct and intrusive methods that disrupt the person's natural thought processes. The manipulation can either occur through the feeding of cognitive traces, which are fragments of thoughts or concepts subtly introduced to the target's mind, or through more aggressive force-feeding tactics that completely violate the target's normal mental processes. In either case, the goal is to influence or redirect the person's thinking in a way that aligns with the initiator's objectives, often bypassing the individual's conscious awareness. By embedding these cues deeply within the cognitive or energetic pathways, the manipulator can control how the individual perceives reality and processes information, effectively guiding their responses to stimuli and shaping their overall mental landscape.

Techniques and Mechanisms of Cognitive Trace-Feeding and Force-Feeding

Cognitive trace-feeding operates on the principle of planting subtle mental cues that resonate with the target's pre-existing beliefs or thoughts, prompting automatic associations that steer them toward specific outcomes. These traces are often invisible to the conscious mind but can trigger specific concepts, feelings, or actions when activated. For example, certain words, phrases, or visual cues might be strategically introduced into the individual's environment or conversations, causing them to unconsciously make connections between unrelated ideas or concepts. These traces build upon existing mental patterns, reinforcing particular ways of thinking and guiding the target toward desired associations without them fully realizing the manipulation.

In contrast, force-feeding involves more overt interference with the individual's thought process, overriding their natural cognitive functions to impose an external set of ideas, beliefs, or reactions. This can be done through aggressive repetition, emotional manipulation, or by bombarding the individual with information that disrupts their cognitive flow. In these cases, the target's mental processes are essentially hijacked, with the imposed thoughts or concepts forcing the individual to conform to a specific mental state or behavior. This can lead to confusion, cognitive dissonance, and an altered sense of self, as the individual is pushed to operate from an artificially constructed mental framework that does not align with their true thoughts or intentions. Through either trace-feeding or force-feeding, the manipulator seeks to create a pathway to control the target's mind, altering how they think, feel, and react to their environment in a way that serves the manipulator's agenda.

Definition: Subliminal mental and energy cues involve the covert insertion of thought patterns, emotional responses, and behavioral instructions into the subconscious mind, often bypassing the individual's conscious awareness. These cues are encoded at a deep level, subtly influencing the target's perception, cognition, and actions. Through script coding, a set of pre-programmed patterns or narratives is imprinted onto the individual's mental framework, shaping their understanding of the world and their identity without their conscious recognition. This silent encoding of identity and belief systems can subtly manipulate how a person perceives themselves, others, and their environment, guiding their reactions and decision-making in ways that align with external control or influence. When these cues are introduced at the abstract or conceptual level, they often appear as thoughts, memories, or insights that seem to emerge spontaneously, though their origins lie in external manipulation. Over time, these subtle imprints accumulate, leading to a distortion of the person's thought processes and beliefs, often without any clear indication that their internal narrative has been influenced or altered.

Mechanisms of Distortion and Silent Injections

The mechanisms behind subliminal mental and energy cues often involve a combination of psychological manipulation and energetic shifts. Through the use of sound, light, visual stimuli, or even deliberate patterns of social interaction, these cues can bypass the individual's conscious filters and directly alter their cognitive processes. For example, the use of certain words, phrases, or symbolic imagery may trigger subconscious responses that evoke specific emotions or associations, planting ideas or beliefs without the target being aware of their source. These silent injections can distort the person's thinking by subtly redirecting their attention, altering their emotional state, or even creating false memories or experiences. Over time, as these injections accumulate, they reshape the person's worldview and sense of self, often leading them to internalize narratives or beliefs that they would not have consciously chosen. This form of manipulation is particularly powerful because it operates below the level of conscious awareness, making it difficult for the individual to recognize or resist the intrusion into their cognitive and energetic systems.

Sociologies of Knowledge and Ignorance

The sociologies of knowledge and ignorance explore how these subliminal cues contribute to the construction of knowledge frameworks, and conversely, how they maintain ignorance by shaping the boundaries of what individuals can or cannot understand. Knowledge is often not just a reflection of objective reality but a socially constructed narrative influenced by external forces—whether those be cultural norms, political ideologies, or more covert forms of manipulation like subliminal cues. These cues can create gaps in understanding, where certain truths or perspectives are not accessible because the individual's cognitive structure has been influenced or limited by the information they have been exposed to. This process creates a situation where the individual is unaware of their ignorance, often believing that they have

free will and control over their thoughts, when in reality, their cognitive pathways have been shaped by external forces. Such engineered ignorance can be just as powerful as the strategic dissemination of false information, as it limits the individual's capacity to recognize and act upon truths that might otherwise challenge the imposed narrative. Through the strategic manipulation of what is known and what is ignored, those in control can maintain power over the thoughts, beliefs, and actions of others, creating a social reality that is dictated by external forces.

ACTIVE DENIAL

Active

Denial

Definition: Active denial involves the deliberate and strategic use of misinformation, disinformation, and under-information to induce confusion, disorient the target, and disrupt their cognitive processes. By exploiting an individual's existing gaps in knowledge or ignorance, active denial prevents the target from properly understanding or interpreting information. This tactic creates a state of uncertainty, where the individual is unsure of what is true or false, effectively undermining their ability to make informed decisions. Once the individual is sufficiently disoriented, new epistemological structures—often shaped by external influence—can be introduced, slowly replacing the previous understanding with a new, controlled narrative. In this way, active denial not only prevents clarity and understanding but also conditions the target to accept manipulated versions of reality, shaping their worldview according to external agendas.

Mechanisms of Active Denial

Active denial operates on a psychological level by reinforcing the confusion and doubt of the target, creating a cognitive state of vulnerability where their existing beliefs or knowledge systems are no longer trusted. This can be done through various methods, such as providing contradicting information, presenting half-truths, or introducing false narratives that align with existing prejudices or biases. By continuously manipulating the flow of information, the target becomes less able to distinguish between credible sources and falsehoods, leading to a breakdown in their ability to critically assess the world around them. This technique can also involve withholding key pieces of information, ensuring that the target operates on incomplete or misleading data, which further erodes their confidence in their ability to know what is true. As confusion deepens, the target's reliance on external sources for guidance increases, making them more susceptible to accepting whatever new narrative is introduced by the manipulator.

Psychological Impact of Active Denial

The psychological toll of active denial can be profound, as the individual is not only deprived of the tools to accurately assess reality but is also led to question their own capacity for critical

thinking. As they are repeatedly exposed to misinformation and contradictions, their sense of cognitive autonomy weakens, and they may begin to rely more heavily on external authorities or sources of information. This process not only alters their worldview but can also lead to feelings of helplessness or dependency. Over time, as the individual becomes more accustomed to the instability created by active denial, they may begin to accept the new epistemological structures presented to them, internalizing a manipulated reality as their own. In this way, active denial doesn't just distort current beliefs but reshapes the foundational framework through which the individual interprets the world, turning confusion into a tool of control.

MASS NARRATIVE SCRIPT-PATTERNS

Definition: Mass narrative script-patterns refer to culturally ingrained frameworks or egregors—collective, often subconscious belief systems—that are widely shared and reproduced within a society. These patterns shape the way individuals perceive reality and determine the boundaries of acceptable thought, behavior, and expression. By promoting a singular, dominant narrative, these script-patterns restrict the mental and social movement of individuals, confining them to a narrow set of perspectives that align with cultural norms and values. This mass cultural programming often functions as an unconscious filter, limiting the range of possibilities by promoting conformity and suppressing alternative viewpoints. As a result, individuals are subtly conditioned to accept a predefined interpretation of events, facts, and ideas, reducing cognitive flexibility and discouraging independent or critical thinking.

Mechanisms of Mass Narrative Script-Patterns

The strength of mass narrative script-patterns lies in their ability to reproduce themselves across generations, using cultural channels such as media, education, religion, and social norms to perpetuate their influence. These patterns often manifest as cultural "scripts" or templates—well-established frameworks for interpreting the world that are so deeply embedded in the collective psyche that they are rarely questioned. When individuals are exposed to these scripts, they adopt them as unquestionable truths, effectively narrowing the scope of their cognitive engagement with alternative or conflicting ideas. For example, dominant political ideologies or social norms can limit the range of discourse by promoting a narrow set of values or beliefs that suppress opposing viewpoints. This creates a kind of cultural inertia, where challenging the dominant narrative becomes not only difficult but often perceived as socially or intellectually unacceptable. In this way, mass narrative script-patterns limit the development of alternative perspectives and keep the cultural paradigm locked within a specific, predefined set of boundaries.

Impact of Mass Narrative Script-Patterns on Critical Thinking

The dominance of mass narrative script-patterns can have a profound impact on an individual's ability to engage in critical or independent thinking. By continually reinforcing a narrow worldview, these cultural egregors make it harder for individuals to explore or even consider alternative belief systems or viewpoints. This psychological confinement reduces the capacity for cognitive flexibility—the ability to adapt thinking based on new information—and fosters intellectual passivity. People may begin to internalize the script-patterns as part of their own identity, equating conformity with belonging and non-conformity with alienation or threat. As a result, the individual may become increasingly resistant to alternative perspectives, reinforcing societal homogeneity while discouraging the evolution of new ideas or ways of thinking. This perpetuation of narrow symbolic realities prevents the growth of more complex or diverse cognitive maps, keeping individuals trapped in a static worldview that limits personal and collective growth.

Resistance and the Potential for Reprogramming

Despite the widespread influence of mass narrative script-patterns, resistance is possible, though it often requires a deliberate effort to break free from the cultural programming that surrounds an individual. This can occur through exposure to diverse perspectives, critical self-reflection, and the cultivation of intellectual autonomy. When individuals begin to question the validity and origins of the dominant narrative, they can challenge the script-patterns that confine their thinking. The process of reprogramming involves not only deconstructing ingrained beliefs but also expanding one's mental horizons by engaging with alternative ideas, experiences, and worldviews. As individuals learn to recognize and disengage from the subtle influence of mass cultural programming, they become better equipped to forge their own paths and create new, more inclusive narratives that embrace a broader range of perspectives.

SCRIPT CONTROL-CODES AND PATTERNS

Definition: Script control-codes are subconscious or consciously adopted belief systems or identities that act as mental filters, restricting the flow of information that aligns with a person's existing worldview. These control-codes are typically shaped by deeply held, often delusional beliefs about one's role or identity within society, the universe, or a specific narrative. For example, a person who adopts a "messiah" or "chosen one" script may internalize the belief that they possess a unique, divine purpose that elevates them above others. As a result, they begin to filter out information that contradicts this self-image, dismissing it as irrelevant, false, or threatening. In this way, control codes distort the individual's ability to process external reality objectively, keeping them confined within a self-constructed narrative that reinforces their delusions.

Mechanisms of Script Control-Codes

These control codes function as a cognitive and emotional defense mechanism, creating a mental framework where any information that conflicts with the belief system is either rejected or warped to fit the script. This process can be unconscious, as the individual may not even be aware of how their worldview is being shaped or restricted by these control-codes. The adoption of such scripts often stems from early life experiences, psychological conditioning, or exposure to influential figures or ideologies that promote rigid, one-dimensional identities. For example, in certain religious or cult-like environments, individuals may be encouraged to embrace a "special" role that isolates them from others, making them believe they have a unique connection to a higher power or mission. As these control-codes become entrenched in the psyche, they effectively close off the person from questioning or adapting their beliefs, as doing so would undermine their sense of self-worth or purpose.

Impact of Script Control-Codes on Cognitive Functioning

The presence of script control-codes in an individual's cognitive structure significantly impairs their capacity to engage with reality in a balanced, objective manner. By creating a rigid framework that prioritizes the maintenance of a delusional self-image, these codes act as mental filters that prevent the integration of new, potentially disconfirming information. The individual's worldview becomes self-reinforcing, as any data that contradicts the control-code is either dismissed or rationalized away, further entrenching the delusion. This process not only distorts their understanding of themselves but also of the world around them, leading to an increasingly fragmented perception of reality. Over time, this can result in an inability to adapt to changing circumstances, as the person's cognitive flexibility is severely limited by the dominance of their control-code.

Breaking Free from Script Control-Codes

Breaking free from the influence of script control-codes requires a deep level of self-awareness and the willingness to confront and challenge one's deeply held beliefs about identity and purpose. This often involves recognizing the limitations of the control-code and acknowledging how it distorts perception and inhibits growth. In some cases, individuals may need to undergo therapeutic intervention, such as cognitive behavioral therapy or guided introspection, to deconstruct the false narratives that have taken hold of their identity. By re-establishing a more flexible and open mindset, individuals can gradually dismantle the control-codes that have kept them trapped in a limited understanding of themselves and the world. This process of deprogramming involves learning to value and incorporate new, diverse information, allowing the individual to reclaim cognitive autonomy and navigate reality with a more grounded and adaptive perspective.

Definition: Narrative memes refer to ideas, beliefs, or pieces of information that are intentionally and continuously fed to an individual, designed to replicate themselves and spread through the target's mind. These false memes often take the form of catchy, emotionally resonant narratives or concepts that align with the target's pre-existing beliefs or desires, making them more likely to be accepted and internalized. Over time, these memes replicate and reinforce themselves, effectively overriding critical thinking processes and impairing the individual's ability to discern valid, reliable sources of information from the false cues. Just like viral internet memes that spread across social media, narrative memes can easily propagate within the mind, often taking root deeply and affecting decision-making, behavior, and worldview.

Mechanisms of Meme Propagation

The propagation of narrative memes occurs through repeated exposure to the same themes or ideas, often through various media channels, conversations, or social interactions. These memes typically appeal to emotional triggers, such as fear, hope, or anger, and are crafted in a way that seems compelling or "truthful," even though they may lack factual validity. The more the target is exposed to these false cues, the more ingrained they become in the individual's cognitive structure, bypassing the usual filters for skepticism and analysis. Over time, the person may fail to critically evaluate the sources or veracity of the information, accepting it as truth because it aligns with the narrative structure that has been repeatedly reinforced in their mind. This can be particularly damaging in contexts where complex issues or contentious topics are being discussed, as narrative memes obscure the individual's capacity for nuanced thought and objective assessment.

Psychological Impact of Narrative Memes

The impact of narrative memes on cognition is profound, as they act like cognitive viruses that infiltrate the mind, weakening the individual's ability to think critically and independently. By repeatedly presenting false or skewed information in an emotionally compelling way, these memes diminish the person's capacity to evaluate new data objectively. This process can result in cognitive dissonance, where the target is faced with contradictory information but feels an overwhelming psychological pull to believe the meme. Additionally, narrative memes often exploit social dynamics, leveraging groupthink and the desire for social validation. As a result, the individual may conform to a collective belief system or ideology without ever questioning the validity of the memes being spread, further reinforcing the cycle of misinformation.

Disrupting Narrative Memes

Breaking free from the influence of narrative memes requires awareness of their existence and the mechanisms by which they are spread. One effective strategy is to foster critical thinking and encourage skepticism toward sources of information, especially those that consistently present emotionally charged or overly simplified narratives. By cultivating a mindset that questions the validity of information and seeks out alternative perspectives, individuals can begin to break the hold of false memes on their consciousness. Moreover, creating environments that encourage open dialogue and the examination of conflicting viewpoints can help disrupt the self-replicating nature of these memes, allowing the target to reassert control over their own beliefs and cognitive processes. This process may involve consciously disengaging from media that reinforces these narratives and seeking out diverse, evidence-based sources of information to counteract the effects of the memes.

LIMITING ATTENTION SPAN

Definition: Limiting attention span is a psychological tactic that intentionally biases cognitive processes by distorting an individual's focus on a specific task or objective. This is done by diverting their attention toward other tasks, distractions, or by creating an environment that prevents sustained concentration on the primary task. By disrupting the natural flow of attention, the individual becomes less effective in processing information and completing the intended task. Over time, this disruption can lead to a decrease in the individual's ability to concentrate, make decisions, or retain crucial information. This technique can be subtle, employing distractions that seem trivial on the surface, but gradually erode cognitive efficiency and cause confusion.

Effects on Cognitive Function and Decision-Making: The continuous interference with focus can significantly impair an individual's cognitive function. When the mind is unable to settle on one particular task or area of thought, it results in fragmented processing, making it harder to absorb and synthesize information. This confusion often leads to poor decision-making, missed opportunities, or an inability to resolve problems effectively. Additionally, when attention is repeatedly redirected or overwhelmed by multiple tasks, it can trigger stress, anxiety, and a heightened sense of cognitive overload. This process not only diminishes performance but also undermines the individual's ability to engage in critical thinking, making them more susceptible to external influence or manipulation. Over time, the person may experience a reduction in mental clarity, which can be exploited by those who seek to manipulate or control their actions.

SCATTERING ATTENTION SPAN

Definition: Scattering attention span is a cognitive manipulation technique where the focus of an individual's mental processes is intentionally distorted by shallowly spreading attention

across multiple, often irrelevant, thought cues and distractions. Instead of concentrating on one specific objective or piece of information, the individual's attention is diluted across several competing stimuli. This cognitive scattering prevents deep engagement with any one task or thought, fragmenting the person's ability to process and retain information meaningfully. The effect of this scattering is a persistent mental state where clarity and focus are compromised, creating confusion and reducing cognitive efficiency.

Impact on Mental Processing and Behavior: The scattering of attention can severely hinder an individual's ability to perform complex tasks or engage in meaningful reflection. By dispersing cognitive resources across numerous distractions, the individual is left unable to devote the necessary focus to key details or make informed decisions. This distortion can lead to mistakes, overlooked details, or misjudgments. As the individual becomes overwhelmed with scattered cues, their ability to form coherent thoughts or follow through with tasks diminishes, leading to inefficiency and mental fatigue. Furthermore, this fragmented attention state can increase susceptibility to external influence, as the person is more likely to accept external input without the critical scrutiny required for sound decision-making. In environments where control or manipulation is desired, scattering attention spans can create a vulnerable, disoriented state that makes individuals easier to lead, confuse, or direct toward predetermined outcomes.

FLOODING WITH SOURCES

Definition: Flooding with sources refers to the deliberate inundation of an individual's mind with a constant stream of information from various sources, overwhelming their cognitive capacity. The sheer volume and variety of data presented can lead to mental saturation, where the individual's ability to discern relevance, truth, or coherence is compromised. This technique can involve conflicting or irrelevant information, often presented in rapid succession, causing confusion and impairing the mind's natural filtering mechanisms. The aim is to disrupt the individual's cognitive processing, preventing them from effectively organizing and making sense of the information. In extreme cases, flooding can contribute to a breakdown of mental stability, pushing the person towards a psychotic state where rational thought is no longer accessible.

Impact on Cognitive Function and Mental Health: The continuous bombardment of information overloads the mind, exhausting cognitive resources and leading to a state of mental chaos. As the brain struggles to process the flood of data, it becomes increasingly difficult to distinguish between what is important and what is irrelevant, resulting in heightened confusion and disorientation. This cognitive overload can manifest as a loss of focus, a sense of being trapped in an information loop, and an inability to make coherent decisions. Prolonged exposure to such flooding can lead to the collapse of mental structures, potentially inducing anxiety, paranoia, or full-blown psychosis. The mind becomes so consumed with processing the barrage of information that it loses its capacity to critically evaluate or prioritize thoughts, rendering the individual vulnerable to manipulation or

exploitation. Additionally, this process can weaken the individual's mental resilience, leaving them unable to concentrate on important tasks or engage in meaningful problem-solving. In this state, the individual may be more easily controlled or manipulated, as their cognitive defenses are overwhelmed by the constant influx of data.

CONFLICTING AGENDAS

Definition: The technique of conflicting agendas involves inundating an individual with a constant barrage of contradictory, mutually exclusive, or negating information. This manipulation creates cognitive dissonance by introducing ideas or worldviews that are impossible to reconcile, forcing the target to either choose between two conflicting viewpoints or adopt a delusional or fragmented worldview. The result is a destabilization of the individual's cognitive structures, as they struggle to make sense of the contradictions. Over time, this chaotic stream of conflicting information weakens the individual's ability to hold onto a coherent, grounded perspective, opening the door for external manipulation or programming. The target may ultimately accept a new belief system or worldview, not because it is rational, but because it is the only option that seems to provide some semblance of order in the midst of confusion.

Psychological Impact and Defense: The constant bombardment of conflicting agendas has a profound psychological impact, leading to confusion, frustration, and an eventual collapse of the individual's ability to make sense of their reality. The erosion of worldview and belief structures creates openings for new, external programming to take root, often under the guise of offering clarity or resolution to the cognitive dissonance. However, this manipulation can be countered by transcending the narrow perspectives imposed by the conflicting information. When the mind is forced into a limited viewpoint or reduced understanding, consciously expanding one's perspective to encompass a larger, more holistic view can serve as a defense mechanism. By integrating a broader knowledge base and strengthening critical thinking skills, the individual can resist the destabilizing effects of conflicting agendas. Cultivating superior knowledge structures, which are internally consistent and grounded in evidence, alongside a strong, critical mindset, forms the foundation for resilience against these disruptive and confusing tactics. By refusing to accept fragmented or contradictory beliefs, the individual can maintain control over their worldview, preventing external manipulation and preserving their cognitive integrity.

CLOSEST SYMBOLIC REALITY (OR PRE-PROGRAMMED SOCIALIZED REALITY) ABUSE

Definition: Closest Symbolic Reality abuse involves the deliberate manipulation of an individual's advanced cognitive structures by forcing them back into a more primitive, pre-programmed reality framework. This tactic seeks to undermine and suppress complex, sophisticated worldviews or belief systems by replacing them with simplistic, often infantile, frameworks shaped during early socialization. For example, an advanced thinker who has

cultivated a nuanced understanding of the world, developed through intellectual rigor or personal experience, may be targeted with social pressure or psychological tactics aimed at reducing their worldview to a basic, rigid system, such as a traditional religious belief (e.g., Christianity). By stripping away the complexity and flexibility of the individual's cognitive architecture, the manipulator seeks to confine the individual to a narrow, less evolved framework of thought, reducing their cognitive freedom and intellectual independence. This can stunt personal development, thwart critical thinking, and reinforce submission to externally imposed belief systems.

Psychological and Cognitive Impact: The abuse of Closest Symbolic Reality has a profound effect on cognitive autonomy, often producing feelings of regression or intellectual stunting. By reverting an individual's worldview to the simplistic, binary thinking typical of early socialization, the person becomes increasingly trapped within a system that lacks the depth and adaptability of their previous cognitive frameworks. This form of manipulation targets the mind's natural growth and attempts to dismantle the self-developed, advanced cognitive structures in favor of a pre-programmed, socially ingrained set of beliefs. The long-term effects can include cognitive dissonance, confusion, and frustration as the individual tries to reconcile their inherent intellectual growth with the limitations imposed by these repressive systems. To resist such abuse, one must maintain a strong sense of self-awareness and critical reflection, constantly challenging attempts to narrow one's understanding and instead nurturing the complex, multidimensional nature of their worldview. Developing resilience against this type of manipulation involves safeguarding the integrity of one's cognitive evolution and defending against attempts to regress to a state of intellectual dependency or dogmatism.

BUILDING OR ABUSING ONENESS OF A MIND TO MAKE IT MORE PRONE TO CONDITIONING, BY SPLINTERING THE MIND

Definition: This method involves exploiting the unity of the mind, breaking it apart through trauma-based conditioning to make it more vulnerable to external manipulation. The process begins with a series of psychological assaults—ranging from emotional manipulation to constant stress—that weaken the individual's sense of self and splinter their ego. By fragmenting the mind and inducing dissociative states, the manipulator can create an environment in which new identities or belief systems are easily inserted. As the ego fractures into distinct, manageable identities or sub-personalities, each of these fractured components becomes more susceptible to targeted programming. The mind's innate ability to adapt and assimilate new information is hijacked, and with each new fractured part, it becomes easier to manipulate the person into adopting beliefs or behaviors that they would not otherwise entertain.

Psychological and Cognitive Impact: The trauma-based approach to splitting the mind leads to increased psychotic flexibility, where the individual's cognitive structure becomes more malleable and susceptible to external control. This flexibility may initially seem like an adaptive

response to overwhelming stress or confusion, but in reality, it serves to disorient and destabilize the individual's core sense of self. As the fractured ego turns against itself, the person may develop delusions or psychotic behaviors based on conflicting identities, each reinforcing the manipulator's control. The result is a profound psychological fragmentation, where the target is unable to distinguish between their own mental structure and the externally imposed narratives. This manipulation often involves free-fall verbal abuse or covert mental assaults, where the individual is pushed into adopting distorted versions of reality that align with the manipulator's goals. Rebuilding resilience against such conditioning requires strengthening the mind's coherence, reinforcing the ego's unity, and cultivating self-awareness to resist the splintering influence of trauma and manipulation.

BREAKING UP RESILIENCE TO CONDITIONING

Definition: This technique focuses on preventing the individual from engaging in self-conditioning or adopting alternative worldviews. By locking the target into a fixed, conditioned reality, the goal is to restrict their cognitive flexibility and prevent them from considering any alternative perspectives or solutions. This form of psychological control works by reinforcing a narrow, rigid frame of reference, where the individual becomes mentally immobilized, unable to break free from the imposed narrative. The manipulator seeks to inhibit the development of new insights or the exploration of different viewpoints, effectively freezing the target's mind within a predetermined pattern of thought. This creates a cognitive trap, where the person is unable to mentally or emotionally evolve beyond the limiting beliefs that have been instilled.

Psychological and Cognitive Impact: The prohibition of self-conditioning or the suppression of alternative thinking undermines the individual's agency and intellectual autonomy. Without the freedom to entertain multiple perspectives or to reframe their experiences, the person becomes cognitively trapped in a singular reality. The process is often gradual, involving subtle nudges that reinforce the belief that no other way of thinking or perceiving is possible. Over time, this erodes the individual's ability to adapt, making them more dependent on external sources of control for their understanding of the world. Such psychological entrapment leaves the target vulnerable to further manipulation, as their mental and emotional growth is stunted. Breaking free from this conditioning requires cultivating resilience through critical thinking, self-awareness, and the ability to entertain new ideas without fear of cognitive dissonance. This process involves creating a safe space for mental exploration and reinforcing the belief that alternative perspectives are not only valid but essential for personal growth and intellectual independence.

PLEASURE-SUFFERING PROGRAMMING

Definition: Pleasure-Suffering programming is a psychological manipulation technique that uses the reinforcement of pleasure and pain to condition behavior. The approach works by creating a system where positive stimuli, such as pleasure or reward, are provided when the target conforms to specific behaviors or instructions, while pain or discomfort is inflicted when

the target disobeys or deviates from the prescribed actions. The cycle of reward and punishment becomes repetitive, reinforcing the desired behaviors over time. This conditioning mechanism often leads to the target associating obedience with pleasure and disobedience with suffering, pushing them into a state of dependency where their actions are driven by the desire to avoid pain and gain pleasure. Over time, the repeated cycles of reinforcement and punishment can erode the target's resistance, leading them to behave in ways that align with the manipulator's desires.

Psychological and Behavioral Impact: The long-term effect of pleasure-suffering programming is the development of a conditioned response, where the individual begins to internalize the external cues of pleasure and pain as a guide for their decisions and actions. The target becomes increasingly focused on gaining rewards or avoiding punishment, leading them to relinquish personal autonomy in favor of pleasing the manipulator or conforming to expectations. This type of programming exploits deep psychological mechanisms of reinforcement learning, creating an emotional dependency that drives compliance. In the most severe cases, the individual may break down mentally or emotionally, unable to distinguish their own desires from the conditioning imposed on them. As a result, they lose their ability to make independent choices, becoming a controlled subject who acts solely in response to external stimuli, which perpetuates their subjugation and reduces their capacity for critical thinking. Breaking free from pleasure-suffering programming requires a conscious effort to disengage from the cycle of rewards and punishments, and to rebuild one's sense of autonomy through self-awareness and emotional regulation.

REWARD-PUNISHMENT DEADLOCK

Definition: The reward-punishment deadlock is a behavioral control mechanism that involves breaking down an individual's higher cognitive functions and reducing their decision-making to a simple binary of pleasure and pain. In this structure, the individual's capacity for complex thought, moral reasoning, and independent judgment is systematically eroded or suppressed, leaving them vulnerable to base conditioning. Once the higher cognitive structures are dismantled, the individual is then controlled through a straightforward mechanism of rewards for desired behaviors and punishments for undesired ones. The reinforcing cycle of immediate gratification and discomfort becomes the primary driver of the individual's actions, eliminating nuanced thinking and transforming the subject into a reactive, conditioned entity whose choices are dictated solely by the pursuit of pleasure or the avoidance of pain.

Psychological and Behavioral Impact: Over time, the target of this control method becomes trapped in a loop of conditioned responses, where they no longer engage in reflective thinking or question the motives behind their actions. Their behavior is reduced to simple stimulus-response patterns, reinforcing a primitive state of existence centered around avoiding negative outcomes and seeking rewards. This state of deadlock renders the individual susceptible to manipulation, as they no longer recognize or resist the control being exerted over them. Furthermore, the inability to access higher cognitive functions limits the person's

ability to critically evaluate their own actions or the motivations of those around them. This breakdown of cognitive autonomy leaves them in a state of perpetual dependency, unable to make informed, independent choices, and in some cases, they may become entirely passive or compliant, as the only remaining drive is the need to avoid punishment or seek reward. Reversing this deadlock involves restoring the individual's ability to think critically, process complex information, and rebuild their sense of agency outside of the rigid framework of reward and punishment.

COGNITIVE-BEHAVIORAL MODIFICATIONS & CONTROLLED REMOTE POSSESSION OF THE CNS

Definition: Cognitive-behavioral modifications through controlled possession of the central nervous system (CNS) involve the deliberate manipulation of an individual's mental, emotional, and psychomotor processes using external energy or influence. This method seeks to override the individual's primary will, imposing thought patterns, behaviors, or actions that would not naturally emerge from their conscious volition. By intervening at a neurological or energetic level, the manipulator can guide the person's cognitive functions and emotional responses, effectively forcing them into specific patterns of thinking or behavior. These modifications may be subtle, occurring below the level of conscious awareness, or they can be more direct, with the target experiencing a sense of being driven or controlled by external forces, as if their thoughts or actions are no longer fully their own.

Psychological and Physical Effects: The long-term effects of such interventions can be deeply destabilizing, as the target's sense of self-control and autonomy is progressively undermined. As the individual's nervous system is altered and redirected, they may experience shifts in their emotional states, thought processes, and even physical movements that seem out of their control. This kind of manipulation can create a disorienting and dissociative state where the individual feels as though their mind and body are being possessed or overridden by forces they cannot understand or resist. The violation of their internal will leads to confusion and vulnerability, making them more susceptible to further manipulation. Furthermore, the distortion of their thoughts and behaviors may lead to profound identity crises, as the person struggles to reconcile their manipulated actions with their sense of self. This process, particularly if prolonged, can erode the individual's capacity to trust their own perceptions and mental faculties, deepening their dependency on external control and reinforcing a sense of helplessness and loss of agency.

LONG-TERM THOUGHT CUING

Definition: Long-term thought cuing involves a strategic approach to shaping and conditioning an individual's cognitive processes over an extended period. This technique utilizes continuous feedback signals, subtle cues, and repetitive mental triggers to guide the mind toward a specific worldview or desired pattern of thought. The aim is to systematically weaken the target's original thought structures and replace them with a more controlled or manipulated version. The feedback mechanisms work by reinforcing certain ideas, beliefs, or thought patterns repeatedly, gradually altering the individual's mental framework. Over time, these

cues become embedded within the person's psyche, leading them to unconsciously adopt the conditioned worldview or cognitive structure, often without realizing the degree to which their thoughts and perceptions are being influenced.

Psychological and Behavioral Impact: The long-term effects of such cuing can be profound and deeply ingrained, creating a shift in the individual's ability to think independently or critically. As the conditioned thoughts accumulate, the target's cognitive flexibility begins to deteriorate, weakening their ability to perceive alternative perspectives or challenge the imposed mental structures. This narrowing of cognitive pathways can manifest as increased conformity, diminished self-awareness, and a reduction in the capacity for original thought. The person may begin to internalize the manipulated worldview, leading them to adopt it as their own, thereby further entrenching the control mechanism. In more severe cases, the individual may experience cognitive dissonance or confusion when encountering information that contradicts the cued thought patterns. As these long-term cuing processes become more pervasive, the individual's autonomy is gradually replaced by a conditioned mindset, which can be used to maintain control or influence over their actions and decisions.

REPETITIVE SHORT-TERM COGNITIVE-AFFECTIVE CONDITIONING

Definition: Repetitive short-term cognitive-affective conditioning is a technique that focuses on creating quick mental shifts in an individual by using repeated, intense stimuli designed to disrupt their current cognitive or emotional state. Unlike long-term conditioning that gradually reshapes mental processes over time, this method aims for rapid, high-impact change by establishing mental pathways that require minimal exposure to be effective. It exploits the brain's capacity to form new associations quickly, often triggering emotional responses or cognitive reactions that are out of the subject's usual pattern of thinking. These changes can occur after a relatively short period of exposure, which allows for immediate alteration of behaviors, beliefs, or emotional responses, even in the absence of prolonged conditioning.

Psychological and Behavioral Impact: The impact of this form of conditioning is often sudden and intense, leading to a swift reconfiguration of the individual's mental and emotional framework. These brief but repeated sessions are designed to establish new neural pathways that can influence a person's decisions, emotional responses, or cognitive habits without requiring prolonged exposure. The subject may not even fully recognize the change, as the conditioning bypasses their usual processes of self-reflection or conscious thought. In many cases, this kind of conditioning can create a sense of confusion or disorientation, as the subject's habitual mental processes are temporarily altered or short-circuited. Over time, the individual may begin to rely on these new patterns, which may distort their sense of self or their worldview. By targeting emotional and cognitive responses in a compressed time frame, the individual's ability to critically evaluate or resist new information can be significantly weakened, often leading to rapid changes in behavior or belief.

DISTORTING THE WORKING OF THE PHYSIOLOGICAL MIND THROUGH ENERGY MANIPULATION

Definition: Distorting the physiological functioning of the mind involves manipulating the energy flows that support cognitive processes, disrupting their natural rhythm, and imposing artificial mental patterns. This can include targeting specific sensory perceptions or mental focus by redirecting or splintering the energy associated with these functions. For instance, the mind's attention to auditory stimuli can be hijacked and fixated on irrelevant or nonsensical conversations, overriding the natural filtering mechanisms that help the mind concentrate on meaningful input. Similarly, the sense of sight can be intentionally directed toward images or objects that confuse or distort perception, effectively disrupting cognitive coherence. This can manifest as phenomena similar to "witch's eye syndrome," where the visual focus is hijacked, making the individual perceive unusual, distracting, or disorienting visuals. Additionally, the general focus of mental effort, whether on ideas, problem-solving, or creative work, can be manipulated by introducing random, irrelevant thought forms that derail productive thought patterns.

Psychological and Physiological Impact: These disruptions can cause significant cognitive dissonance, mental fatigue, and even a sense of identity fragmentation. When the natural flow of attention and focus is distorted, it can lead to confusion, as the brain struggles to process conflicting inputs and reestablish coherence. This can create a heightened state of cognitive vulnerability, where an individual becomes increasingly susceptible to external influences. Moreover, the psychological toll of such manipulations can be profound, as the person might feel disconnected from their normal mental processes, unable to concentrate or focus on tasks at hand. The ability to differentiate between normal mental functioning and these externally imposed disruptions becomes critical. Those who train themselves to recognize these distortions can learn to identify when their cognitive or sensory faculties are being hijacked and reintegrate them into their regular mental workflows. This reintegration process helps restore coherence and focus, allowing the individual to regain control over their thoughts and perceptions despite the disruption of energy flows.

MIND CONFUSING ITSELF FOR OBJECTIVE TERRITORY

Definition: This phenomenon occurs when the subjective reality of an individual, often shaped by personal beliefs, experiences, and cognitive biases, becomes displaced and projected into the intersubjective, social realm. Essentially, the individual begins to treat their internal perceptions, beliefs, or delusions as though they are objective truths that are universally accepted, ignoring the distinction between personal reality and the broader, shared social reality. This blurring of boundaries between subjective and objective perspectives can lead to a distorted worldview where the individual operates on the assumption that their personal reality is the only valid one, and others must conform to it. This can manifest in belief systems that are completely detached from evidence or rational assessment, becoming firmly entrenched and resistant to change.

Psychological and Social Impact: When these delusional systems take hold, they can significantly hinder the individual's cognitive development and the ability to assess situations accurately. By reinforcing false beliefs, the individual is kept in a state of ignorance, incapable of recognizing alternative perspectives or gaining insight into their own limitations. In extreme cases, these delusions can become self-sustaining, where the person actively ignores or distorts contradictory information that would challenge their constructed worldview. This prevents personal growth and a deeper understanding of their environment, often creating a self-imposed cognitive prison. Socially, such delusions can lead to isolation, as the individual may struggle to communicate effectively with others who do not share or understand their distorted view of reality. The reinforcing of false beliefs serves to further entrench the individual in a mental state where they are disconnected from the true nature of the external world and others' perspectives, often making them vulnerable to exploitation or manipulation.

LIMITING THE SCOPE OF THOUGHT BY FOCUSING CONCERN ON IRRELEVANT TOPOI

Definition: This tactic involves directing an individual's attention to topics, ideas, or concerns that are irrelevant or trivial, thereby restricting their cognitive resources and mental capacity from engaging with more important or pressing issues. By focusing the individual on minor or distracting subjects, the broader scope of their thinking becomes narrowed, hindering their ability to think critically, solve significant problems, or address more meaningful challenges. This technique can create a false sense of importance around irrelevant matters, fostering confusion, and obstructing clear judgment. Essentially, it shifts the mental focus away from productive, forward-thinking tasks, diverting energy to discussions or concerns that have little bearing on the person's actual well-being, development, or immediate needs.

Psychological Impact and Manipulation: When individuals are fixated on irrelevant topoi, they lose their ability to prioritize effectively, which can induce a state of mental overload and fatigue. The constant attention to non-essential matters can also breed anxiety or uncertainty, as the individual feels compelled to engage with issues that seem urgent but lack real significance. Over time, this method reduces their cognitive flexibility and problem-solving capacity, as the mind becomes conditioned to respond to these distractions instead of broader, more meaningful contexts. The manipulation becomes especially potent in social, political, or cultural environments where the scope of discussion is intentionally narrowed to serve certain agendas. This can have a long-term impact on the target's intellectual autonomy, creating a state of cognitive inertia where they are unable to break free from the confines of irrelevant concerns and develop a holistic, well-rounded perspective on the world.

DETECTED SUBLIMINAL PATTERN-FEEDING

Definition: Detected subliminal pattern-feeding involves subtly shifting an individual's thought processes in such a way that these changes come to the forefront of their consciousness. This allows the individual to become aware of the shift and, consequently, take deliberate action to improve or correct their mental and emotional responses. The key element in this form of influence is the awareness of the change; once the individual identifies the pattern, they can consciously choose to align their thoughts with healthier or more productive frameworks. This can be beneficial if the shift is toward growth, learning, or self-improvement, as it allows the individual to refine their cognitive patterns and adjust their mental pathways accordingly. However, it also creates an opportunity for manipulation if the shift is aimed at instilling unproductive or harmful patterns under the guise of improvement.

Psychological Mechanism: The conscious detection of these shifts empowers the individual to adjust their cognitive patterns, but it requires a certain level of self-awareness and mental clarity. If this awareness is lacking, the individual might feel overwhelmed or confused by the sudden shifts, potentially causing emotional distress or cognitive dissonance. However, with the right kind of mental discipline, the individual can use the detected changes as opportunities for growth, recognizing when their thoughts are being subtly redirected and ensuring that the shifts align with their authentic desires and values. In this sense, the method can be both a tool for conscious growth and a potential threat if the individual is unaware of the manipulative forces at play.

Shift in thought patterns brought to the forefront of consciousness, allowing for improvement, immediate correction.

UNDETECTED SUBLIMINAL VERBAL FEEDING

Definition: Undetected subliminal verbal feeding refers to the process by which thought patterns are subtly altered through verbal cues that remain beneath the threshold of conscious awareness. These cues are absorbed without the individual's direct recognition, causing shifts in their cognitive framework or emotional responses that seem "normal" or transparent to their usual state of mind. Over time, these hidden verbal influences can restructure beliefs, attitudes, and behaviors, molding the individual's thoughts without their active participation or knowledge. The shift occurs beneath the radar of self-awareness, and because the individual is not consciously aware of these changes, they come to accept them as part of their inherent thought processes.

Psychological Mechanism: The danger of undetected subliminal verbal feeding lies in its capacity to subtly reprogram the mind without any conscious resistance. Since the changes are not immediately recognized as foreign or manipulated, the individual is less likely to question or reject them, allowing the new patterns to solidify and persist. This form of influence is particularly potent when it targets deep-seated beliefs or attitudes, as it can gradually rewire how a person perceives themselves and the world around them without any

overt recognition of the process. Over time, the individual may come to identify these newly instilled beliefs as their own, even though they were implanted indirectly. The subtlety of this method makes it difficult to combat without rigorous introspection and the development of heightened self-awareness to detect and challenge the unnoticed verbal cues shaping one's thoughts.

SUBLIMINAL SCRIPTS-FEEDING

Definition: Subliminal scripts-feeding involves the covert manipulation of a target's thought patterns by altering the chain of associations they typically follow. These changes occur without the conscious awareness of the individual, essentially feeding new scripts into their mind at a level that bypasses their critical thinking and conscious filtering. Over time, these subliminal scripts begin to shape the target's thought processes, subtly redirecting their mental flow toward specific conclusions, behaviors, or emotional responses. The power of this method lies in its ability to rewrite the mental frameworks that govern perception, decision-making, and internal narratives without the target's conscious participation or awareness.

Psychological Mechanism: The brain naturally forms associations between ideas, experiences, and memories, creating a network of interconnected thoughts. By feeding subliminal scripts into this network, these new connections can gradually displace older, more established patterns. The challenge lies in the fact that the changes occur so subtly that the target often does not recognize they are being influenced. Over time, the altered scripts shape how the individual interprets information, reacts to stimuli, and even forms new beliefs, all while maintaining the illusion of independent thought. This method exploits the brain's natural process of forming connections but does so in a way that directs the individual's cognitive pathways toward preordained outcomes.

PATTERN REPLICATION

Definition: Pattern replication refers to the deliberate attempt to duplicate an existing thought pattern, either faulty or desired, in such a way that it reinforces its resistance to further manipulation. This process involves embedding specific thought patterns so deeply into the individual's cognitive system that they become highly resistant to change. Whether the replicated pattern is beneficial or harmful, the primary goal is to strengthen it within the individual's mind, ensuring that it persists even in the face of external influence. The replication process solidifies these thought patterns, making it harder for the individual to break free from them and adopt new perspectives or behaviors.

Psychological Mechanism: Once a particular thought pattern is replicated and reinforced, it becomes a stable part of the individual's cognitive architecture, resistant to any further changes. The brain's neural pathways grow stronger with repetition, and as the pattern is continuously fed back into the individual's consciousness, it becomes more entrenched. This creates a mental feedback loop that reinforces the pattern's existence, making it difficult to override. The resistance to new programming occurs because the mind is "locked in" to the

repeated cycle, hindering flexibility and the capacity for adaptation. Over time, this results in cognitive rigidity, where the individual is more likely to continue following the replicated thought pattern, even if it is no longer beneficial.

SUBLIMINAL ACTION-FEEDING (LEADING TO SUICIDE OR AGGRESSION)

Definition: Subliminal action-feeding refers to the process of altering an individual's mental frame to make them more susceptible to conditioning that leads them to commit specific actions, such as suicide or aggression. Unlike direct psychomotor control, which overrides physical behavior, this method plants the inclination or tendency to perform a harmful act within the target's mind. It works by subtly darkening the individual's mental state and gradually redirecting their thoughts and emotional responses toward self-destructive or violent behaviors, all while maintaining the illusion of personal agency.

Psychological Mechanism: This process operates by planting seeds of negative emotions or distorted beliefs deep within the individual's psyche, often exacerbating feelings of hopelessness, anger, or alienation. These negative emotions act as triggers, gradually conditioning the individual to view suicide or aggression as the only viable solution to their emotional distress. Unlike more overt forms of coercion, subliminal action-feeding does not immediately compel the individual to act but rather shifts their internal state in such a way that the inclination to perform harmful actions becomes a natural response to certain stimuli. Over time, the individual may begin to associate their emotional pain with the need to act violently or harmfully, leading them to believe these behaviors are a means of relieving or escaping their suffering. This method exploits vulnerability and can deeply undermine the target's ability to make rational, autonomous decisions.

PHYSIOLOGICAL FUNCTIONS MODIFIED: AROUSAL, FEAR, COGNITIVE-AFFECTIVE MODULATION

Definition: This technique involves the manipulation of physiological functions such as arousal, fear, and other emotional or cognitive-affective states by altering the individual's biochemical system. The manipulation is energetic in nature, meaning it influences both the physical and mental aspects of a person, triggering deep-seated physiological responses that are often rooted in animal instincts or primal survival mechanisms. These responses can cause heightened states of arousal, fear, or stress, which, when paired with cognitive-affective modulation, can direct an individual's thoughts and behaviors in specific ways. This combination of physical and psychological manipulation leads to a profound alteration of the target's mental state, making them more susceptible to further influence and conditioning.

Psychological Mechanism: The physiological alterations work by activating key neurobiological pathways that regulate emotion and behavior. For example, arousal states, which may be triggered by energetic manipulation, can lead to intense emotional responses such as anxiety or fear. These heightened states increase emotional sensitivity, making it easier to implant suggestions or distortions. When fear is induced, the individual may become more vulnerable to external control, as fear often narrows cognitive focus and limits the ability to critically

assess one's surroundings. By manipulating these primal responses, the offender can destabilize the target's internal world, making them more reactive to external influences. This tactic exploits the interconnectedness between body and mind, creating a heightened emotional and physiological vulnerability to further conditioning.

SHIFTING COGNITIVE SETTING TO MODIFY PRONENESS TO CONDITIONING

Definition: This technique involves radically altering the cognitive setting or context in which the target operates, thereby weakening their ability to adapt or defend against new influences. By introducing a reality tunnel (a framework of belief and perception) that is contextually incompatible with the target's existing cognitive structures, this method destabilizes their mental environment. When an individual's familiar belief system is forced into an unfamiliar context, it creates confusion and cognitive dissonance. The mind struggles to reconcile the inconsistencies between the new context and the old framework, leading to a breakdown in their ability to maintain consistency in their thoughts and beliefs. This confusion makes the individual more prone to adopting new conditioning and belief systems imposed by the offender.

Psychological Mechanism: The power of this technique lies in the abruptness and disorientation that occurs when an individual's mental environment is changed. The target's established cognitive structures, based on their previous reality tunnels, are tested and questioned by the imposition of a new, conflicting context. The individual may experience doubt, uncertainty, and a loss of confidence in their previous worldview, as they struggle to adapt their beliefs to the new context. This confusion creates a mental vulnerability, as the person becomes more receptive to alternative beliefs or ideas that provide a sense of coherence or relief. By forcing a different cognitive context, the attacker destabilizes the individual's perception of reality, making it easier to implant new conditioning or ideologies that align with the offender's agenda.

SHIFTING AND DISTURBING THE PHYSIOLOGICAL BRAIN PROCESSES TO MODIFY PRONENESS TO CONDITIONING

Definition: This method involves directly disrupting the physiological processes of the brain, particularly those responsible for regulating emotional responses, cognitive flexibility, and overall mental stability. By targeting the brain's internal processes—such as neurotransmitter activity, neurochemical balance, and neural communication—this technique weakens the brain's capacity to defend against unwanted conditioning. The disturbance of these processes reduces cognitive resilience, making the brain more susceptible to external influences, and thus more prone to adopting new behavioral patterns or beliefs. This manipulation can be either physical (through biofeedback mechanisms or other external stimuli) or energetic (through methods like subliminal messaging or electromagnetic interference).

Psychological Mechanism: The disruption of physiological brain functions can lead to a number of undesirable effects, such as diminished cognitive clarity, emotional instability, and reduced self-regulation. For example, when neurochemical imbalances are induced, an

individual may experience mood swings, anxiety, or difficulty concentrating, all of which impair their ability to think critically. In a weakened cognitive state, the individual is more likely to accept new conditioning, as their mental defenses are compromised. This method exploits the brain's vulnerability during times of neurophysiological imbalance, increasing the likelihood that new patterns of thought, behavior, and belief will be ingrained. Over time, this can significantly alter the target's personality, identity, and worldview, making them more amenable to the control and influence of the attacker.

VISUAL CORTEX: REMOTE MEMORY ERASURE, MEMORY CUEING, MEMORY SUBSTITUTION, AND PLANTING MEMORIES

Definition: This technique involves altering or erasing specific memories from an individual's cognitive landscape, often to reframe their perception of past events or influence future behavior. Memory erasure removes traces of specific experiences, while memory cueing triggers emotional or cognitive responses linked to certain memories. Memory substitution involves replacing a memory with a fabricated one, while planting memories introduces entirely new memories that the target will come to believe as their own. These methods can be used to manipulate an individual's self-concept, recollection of events, or even to induce false memories that reinforce a particular belief or behavioral pattern.

Psychological Mechanism: Memory plays a crucial role in shaping an individual's identity and worldview, and by manipulating it, an attacker can reshape these foundational aspects. Memory erasure and substitution undermine the target's ability to trust their own recollections, making them more malleable to new beliefs and suggestions. By carefully controlling which memories remain and which are erased or altered, an external force can induce a false sense of self, leading to a weakened sense of personal autonomy. Planting memories further destabilizes an individual's sense of reality by introducing events that never happened, forcing them to navigate life with altered perceptions of the past. Over time, these memory manipulations can drastically change the target's understanding of who they are and what they believe.

REMOTE BRAINWAVE PATTERN REPLICATION AND DISTORTION

Definition: This technique involves replicating or mimicking an individual's brainwave patterns, with the goal of manipulating cognitive, emotional, or physical responses. Brainwave patterns are linked to different states of consciousness, such as alertness, relaxation, or sleep. By replicating or altering these patterns, an external agent can induce desired mental or emotional states in the target. This manipulation can be subtle, as the target may not consciously perceive the change in their brainwaves, but it can profoundly affect their thoughts, behavior, and perception of reality.

Psychological Mechanism: The brain operates within specific frequency ranges, and each range is associated with a particular mental state. For example, alpha waves are linked to relaxed states, while beta waves correspond to active, focused thinking. By replicating or artificially altering these brainwave patterns, the manipulator can guide the target into

specific mental states, such as increased focus or heightened suggestibility. This manipulation can interfere with the target's ability to maintain control over their own cognitive processes, as they are subtly led into mental states that make them more susceptible to external influence. Over time, repeated exposure to manipulated brainwave patterns can condition the target to experience certain emotional or cognitive responses, further reinforcing the manipulator's control.

ANOMALOUS EXPERIENCES OF COGNITIVE AND SENSORY NATURE TO CONFUSE

Definition: This technique involves introducing unusual, anomalous experiences that challenge the individual's normal cognitive and sensory processing. These experiences are designed to induce confusion and disorientation by presenting stimuli or occurrences that do not align with the person's established reality. Cognitive anomalies may involve illogical thoughts or false beliefs, while sensory anomalies could include perceiving sounds, images, or sensations that do not exist in the external environment. This disruption in the individual's cognitive and sensory framework forces them to question their own perceptions and reality.

Psychological Mechanism: The introduction of anomalous experiences creates a state of cognitive dissonance, where the individual's internal world clashes with external stimuli. This dissonance generates confusion and self-doubt, as the person struggles to reconcile their experiences with their understanding of reality. When the mind encounters experiences that defy logic or sensory expectations, it can lead to a breakdown in perception, making the individual more susceptible to suggestion and manipulation. This technique exploits the mind's tendency to seek coherence and understanding, using confusion as a pathway to greater control over the target's thoughts and beliefs.

EXPANSION OF FLAWED PATTERN RECOGNITION

Definition: This technique involves deliberately exacerbating the natural cognitive tendencies of the mind to recognize patterns, especially when these patterns are flawed or based on erroneous assumptions. By feeding the mind incomplete or misleading information, the target's ability to discern valid patterns is compromised, leading them to draw conclusions that are illogical or harmful. This can cause the person to adopt faulty beliefs or engage in self-defeating behaviors based on their distorted pattern recognition.

Psychological Mechanism: The mind is constantly looking for patterns in the world around it, a process that is essential for making sense of complex information. However, when the patterns identified are misleading or false, they can lead to incorrect conclusions. By exacerbating this tendency and feeding the mind with flawed data, an external agent can manipulate the target's decision-making processes and worldview. This manipulation weakens the target's critical thinking skills, as they begin to accept flawed patterns as valid.

Over time, this expansion of faulty pattern recognition can lead to profound cognitive distortions, leaving the individual vulnerable to further manipulation and control.

CIRCULAR DELUSIONS, SELF-DEFEATING PATTERNS, STRUCTURE OF MEANINGS, BELIEFS, AND AFFECTIVE DOMAINS

Definition: This technique involves reinforcing self-defeating patterns of thinking, where the individual's beliefs and emotional responses create a closed-loop system that perpetuates delusions and reinforces harmful thought structures. These circular delusions trap the individual in a cycle of negative thought patterns, where each belief or emotional response feeds into the next, making it difficult for the person to break free or see alternative perspectives.

Psychological Mechanism: Circular delusions are maintained through a continuous feedback loop of emotional and cognitive reinforcement. For example, if an individual believes that they are unworthy of success, this belief will trigger emotions of fear or anxiety, which, in turn, reinforce the belief of unworthiness. The cycle continues, creating a closed loop where negative emotions and beliefs mutually reinforce each other. By exploiting this process, an external manipulator can deepen the target's sense of despair, self-doubt, and hopelessness. These self-defeating patterns prevent the target from seeing their situation clearly or breaking free from the emotional and cognitive traps set for them.

SCRIPTING TUNNEL REALITIES, LONG-TERM, SHORT-TERM, FILTERING AND REINFORCEMENT OF THEM

Definition: This technique involves creating and reinforcing specific reality tunnels (cognitive frameworks) for the target, where they are guided to perceive the world in a particular way. These scripts are tailored to fit long-term and short-term goals, with the long-term scripts shaping overarching beliefs and behaviors, while short-term scripts reinforce immediate responses and perceptions. These reality tunnels are filtered through selective information and reinforced through repeated exposure, making it difficult for the target to break free from the imposed perception.

Psychological Mechanism: Reality tunnels shape how an individual perceives and interprets the world. By scripting these tunnels, an external agent can control how the target processes information and experiences. The long-term scripts serve as a foundation for the target's identity and worldview, while the short-term scripts manipulate immediate thoughts and actions. By carefully filtering and reinforcing the information that the target is exposed to, the manipulator creates a distorted sense of reality that aligns with their own agenda. Over time, the target becomes so entrenched in these scripted tunnels that they lose the ability to perceive the world from a broader, more objective perspective, making them more vulnerable to further manipulation.

COGNITIVE DISSONANCES AND BELIEFS, COMPLEXES, OF AFFECT-IMAGE ENERGY CLUSTERS; TRAUMA EXPLOITATION AND TIME-REGRESSIONS

Definition: This technique involves deliberately inducing cognitive dissonance—mental discomfort caused by the presence of contradictory beliefs or emotions—by exploiting the target’s trauma and emotional complexes. By reinforcing conflicting beliefs or emotional responses, the manipulator creates instability in the target’s sense of self and worldview. This method may also include time-regression techniques, where the individual’s past trauma is reactivated and used to destabilize their current mental state.

Psychological Mechanism: Cognitive dissonance is a powerful psychological tool that can force individuals to reconsider their beliefs or behaviors, often resulting in a shift to align with external influences. By introducing conflicting beliefs or emotions, the target is driven to resolve the dissonance, often by adopting new ideas or behaviors that align with the manipulator’s agenda. The exploitation of trauma and emotional complexes amplifies this process, as the target’s unresolved emotional wounds make them more susceptible to manipulation. Time-regression techniques reintroduce past traumatic experiences, creating a sense of vulnerability that can be exploited to induce new patterns of thought and behavior.

CUEING WRONG INFORMATION

Definition: This technique involves flooding an individual with irrelevant, false, or misleading information to guide their actions based on incorrect data. By presenting distorted or deceptive cues, the manipulator forces the target to act according to false beliefs, undermining their ability to make sound decisions. In this process, the mind is overloaded with conflicting signals that distort the individual’s perception of reality, leading them to trust false information over their own judgment. The key goal is to weaken their reliance on authentic information and experiences, shifting their behavior to align with the manipulator’s desires.

Psychological Mechanism: The human mind naturally seeks coherence and certainty, often trusting information that appears to be credible, even when it is not. When individuals are bombarded with wrong cues, they may feel compelled to follow them, especially if they are presented in a context that seems reliable or authoritative. This manipulation exploits the mind’s cognitive biases, pushing it toward conclusions based on faulty premises. Over time, this persistent feeding of false cues can erode the individual’s ability to discern truth from deception, increasing their vulnerability to external influence. The ability to trust one’s own experiences and instincts becomes compromised, leaving the target more susceptible to suggestion.

SUBLIMINAL CUEING OF FALSE INTUITION

Definition: This technique involves subtly influencing a person’s intuitive judgments by feeding them subconscious cues that guide them toward false beliefs or conclusions. Rather than overtly presenting false information, subliminal cues tap into the subconscious mind, creating the illusion of intuitive knowledge. These cues can guide the individual’s decision-making

process without their conscious awareness, subtly reshaping their thought patterns and actions.

Psychological Mechanism: Intuition is often viewed as a reliable form of internal guidance. However, when false cues are introduced into the subconscious mind, they can distort this process, leading the individual to believe that their intuitive responses are accurate when, in reality, they are shaped by external influences. The power of subliminal cueing lies in its ability to bypass the conscious filtering mechanisms of the mind, making the individual unaware of the manipulation. Over time, repeated exposure to these false intuitions can alter the person's decision-making process, steering them toward actions or beliefs that align with the manipulator's objectives. This undermines the individual's trust in their own instincts, making them more easily influenced by external forces.

THOUGHT REPLACEMENT TO MAKE THE TARGET IDENTIFY WITH THE INCURSION

Definition: This method involves replacing the individual's thoughts with those that align with the manipulator's goals, thereby causing the target to identify with the intrusive thoughts as their own. The manipulator instills beliefs, emotions, or desires that force the target to see themselves through the lens of the imposed narrative. In doing so, the manipulator can control the target's thoughts without their knowledge, essentially rewriting their internal dialogue to align with the manipulator's agenda.

Psychological Mechanism: Human identity is closely tied to the thoughts we hold and the narratives we construct about ourselves. When these thoughts are replaced or overridden by external forces, the individual begins to adopt these foreign thoughts as part of their self-concept. This can be done subtly, by altering small aspects of the target's thought patterns, or more overtly, by implanting entirely new ideas or desires that seem natural to the target. Over time, these thought replacements weaken the person's internal resistance, making them more likely to act in ways that serve the manipulator's purposes. The manipulation of thought, when successful, erodes the target's autonomy and sense of self, aligning them more closely with the desires and beliefs of the external force.

SENSE-CONSCIOUSNESS MODIFICATION/ILLUSIONS

Definition: This technique involves altering the sensory experiences of the target by manipulating their sense-consciousness. The aim is to create illusions—hallucinations or distorted sensory perceptions—that lead the target to question the nature of reality. These distortions can involve any of the five senses or even the perception of time, creating an overwhelming sense of confusion and disorientation.

Psychological Mechanism: The brain processes sensory input to create a coherent understanding of the external world. When this input is tampered with, whether through external manipulation or mental alteration, the mind struggles to interpret the distorted

signals. This disruption creates confusion, as the individual tries to reconcile their subjective experience with external reality. The manipulation of sense-consciousness can be so subtle that the individual remains unaware of the altered perceptions, making them more susceptible to external influence. Illusions may seem real to the individual in the moment, causing them to question their own senses and potentially leading them to adopt faulty beliefs about the nature of reality. This makes it easier to introduce further manipulations and control.

PRE-CONSCIOUS THOUGHT-FORM SCANNING, OR MINOR PRECOGNITION OF MIND COMPLEXES, THOUGHT-FORM FORCE-BREAKING

Definition: This method involves scanning an individual's mental state before their thoughts fully manifest in consciousness, identifying potential thoughts or inclinations, and then altering or hijacking them before they are fully realized. By manipulating or "breaking" thought forms in their early stages, the manipulator can redirect the target's cognitive processes, causing them to act or think in ways that align with the manipulator's desires. This process gives the appearance of precognition, making it seem as though the manipulator can predict or control the target's thoughts with eerie accuracy.

Psychological Mechanism: The human mind generates a continuous stream of thoughts, some of which remain unexpressed or unmanifested. By gaining access to this pre-conscious mental activity, an external force can gain insight into the target's intentions and potentially prevent them from forming or realizing certain thoughts. The manipulation of these nascent thoughts can be done in such a way that the target perceives the altered thought forms as their own, causing them to unknowingly adopt them. This leads to a sense of cognitive confusion, where the individual becomes less aware of their true intentions and desires, and more susceptible to external influence. The appearance of omniscience in the manipulator can be profoundly destabilizing, leaving the target unsure of what is truly their own thought and what is implanted or altered.

THOUGHT BLANKETING, COGNITIVE DISTORTION

Definition: This technique involves erasing specific cognitive patterns or thoughts from the individual's mind, effectively "blanketing" their thinking. By blocking certain types of thinking or intellectual engagement, the manipulator creates a mental void where the individual can no longer respond intelligently or critically to situations. This makes the target more passive, as they are unable to engage with their own thoughts in a meaningful way, and more susceptible to being influenced by external programming.

Psychological Mechanism: The brain functions by constantly processing and responding to incoming information. When specific cognitive patterns or thought processes are erased or blanketed, the mind's ability to engage with the world becomes severely impaired. The target may feel mentally foggy, unable to form coherent thoughts or make decisions. This passive state makes them more susceptible to outside influence, as they lack the mental resources to

critically evaluate or resist the manipulator's suggestions. Over time, this cognitive distortion can erode the target's sense of agency and intellectual autonomy, making them more dependent on external sources for direction.

MIND SCRAMBLING

Definition: This technique involves the implantation of disruptive thought loops or mental irritations that force the target to focus on nonsensical, repetitive ideas. These loops, often compulsive in nature, create a sense of mental chaos, preventing the target from focusing on meaningful tasks or thoughts. This interruption of normal cognitive functioning dulls the mind's ability to think clearly, make decisions, or acquire new knowledge.

Psychological Mechanism: The human mind is designed to filter out irrelevant stimuli and focus on tasks or thoughts that are meaningful. When introduced to repetitive, annoying, or intrusive thought patterns, the mind's ability to concentrate and process information is impaired. These disruptive loops serve as mental parasites, constantly redirecting attention away from productive or meaningful thought processes. Similar to obsessive thoughts, these loops prevent the target from engaging with new information or developing clear, rational thoughts. Over time, this creates a state of cognitive paralysis, where the individual is unable to think critically or engage meaningfully with the world around them.

SUBLIMINAL VERBAL FEEDING

Definition: Subliminal verbal feeding is a form of cognitive-affective conditioning in which signals containing silent speech are embedded into the environment, bypassing the conscious mind's awareness. The subconscious mind, however, is capable of processing these signals, allowing them to subtly influence thoughts, emotions, and behavior without the individual realizing the source of these influences. This method relies on the power of unconscious processing to reshape mental and emotional states, creating new beliefs or reinforcing existing ones without any conscious recognition by the target.

Psychological Mechanism: Human cognition processes not only overt communication but also subtle, unconscious stimuli. Subliminal verbal cues exploit this capacity by embedding "silent speech" into various auditory or environmental signals, which the subconscious mind picks up without triggering conscious awareness. Over time, this subtle feeding of messages can influence the target's emotional responses, decision-making, and self-perception, causing them to adopt beliefs or behaviors that align with the subliminal cues. The power of this technique lies in its ability to reshape cognitive patterns without the individual being aware of the manipulation. By the time the target becomes conscious of the change, the implanted ideas may have already taken root in their subconscious.

MOTIVATIONAL DISTORTION

Definition: Motivational distortion occurs when external cues deliberately distort an individual's drive and focus, leading them away from essential tasks or life goals. By

manipulating motivational cues—whether through emotional manipulation, distractions, or targeted cognitive disruption—this technique diminishes a person’s sense of purpose, causing them to lose interest in their own well-being, productivity, and happiness. This can escalate into profound apathy, depression, and in some extreme cases, suicidal ideation.

Psychological Mechanism: Motivation plays a crucial role in shaping human behavior. When an individual’s internal motivational systems are disrupted by external forces, it can lead to a cascading effect on their emotional and cognitive states. Motivational distortion shifts the focus from productive and meaningful activities to distractions or unimportant matters, which gradually erodes the individual’s sense of fulfillment and purpose. The targeted distortion can manifest as persistent feelings of emptiness, confusion, or hopelessness, which in turn suppress critical thinking and the drive to engage with life. If left unchecked, this can contribute to mental health crises, as the individual feels increasingly disconnected from their own desires and goals.

CONCENTRATION ON INTELLECTUAL OR HIGHER COGNITIVE FUNCTIONS DISTORTION AND PACIFICATION

Definition: This method involves deliberately targeting and disrupting the cognitive processes responsible for advanced intellectual and analytical functions. By short-circuiting these mental circuits, the individual’s cognitive abilities are pacified, forcing them into a passive, receptive mode where higher-level reasoning and decision-making become impaired. This alteration of cognitive functioning creates a state of mental inertia, where the target is more susceptible to external programming and suggestion.

Psychological Mechanism: Higher cognitive functions, such as critical thinking, problem-solving, and creative reasoning, require active engagement from the brain’s complex neural networks. When these cognitive circuits are interrupted or distorted, the individual experiences a reduction in their ability to process complex information and make informed judgments. The pacification of these intellectual functions creates a mental vulnerability, allowing external influences or suggestions to shape their thoughts and actions without resistance. This manipulation of mental processes can significantly alter the individual’s perception of reality and decision-making capacity, making them more prone to external control.

EXTRA-LOW FREQUENCIES TARGETING, AGGRESSIVE SOUNDS DELIVERED MICROWAVES VIA CELL PHONES INDUCING A HEART ATTACK

Definition: This technique involves using extra-low frequencies (ELF) transmitted through electronic devices, such as cell phones, to influence physiological processes. By emitting specific ELF waves, external agents can induce harmful effects on the body, such as disrupting the heart’s rhythm, potentially leading to heart attacks or other serious health issues. The

aggressiveness of these frequencies is aimed at interfering with the body's natural rhythms and causing acute physical distress.

Psychological Mechanism: The body is sensitive to certain frequencies of electromagnetic radiation, with different frequencies impacting various systems. ELF waves, particularly those transmitted through common devices like cell phones, can be targeted to disrupt the body's autonomic processes, such as heart rate and blood pressure. These disruptions can cause physiological stress and, in extreme cases, provoke life-threatening conditions like arrhythmias or heart attacks. This manipulation is especially insidious because the individual may not be aware of the external influence, attributing the physical symptoms to other causes while the ELF waves continue to damage the body.

ELF TARGETING, SCANNING THE BRAIN RESONATION IMPRINT, TRYING TO REMOTELY CONTROL REACTIONS

Definition: ELF targeting refers to the use of extra-low-frequency waves to scan and interact with the brain's resonance patterns. These frequencies can potentially be used to remotely influence cognitive reactions and emotional responses, bypassing the normal sensory processes. By identifying and manipulating brainwave patterns, ELF targeting can alter the individual's mental state, inducing changes in mood, thought processes, or even decision-making behaviors.

Psychological Mechanism: The brain naturally generates electromagnetic activity, which can be measured in the form of brainwave patterns. ELF waves can be tuned to match specific brainwave frequencies, enabling the manipulator to remotely influence these patterns and, by extension, the target's mental and emotional state. For example, certain ELF frequencies may enhance or suppress specific cognitive functions, such as concentration, memory, or emotional regulation. When the brain's natural rhythms are disrupted, it can lead to confusion, mood swings, or cognitive impairments, making the individual more vulnerable to external control. The ability to subtly manipulate these brainwave patterns gives external forces a powerful means of controlling the target's psychological processes.

ELF GROUP PITCHING AND ADJUSTMENT, SCANNING GROUP-BRAIN RESONATION IMPRINT, TRYING TO REMOTELY CONTROL THE REACTIONS

Definition: Similar to individual ELF targeting, this method involves scanning the collective brain resonance of a group and adjusting the group's collective cognitive and emotional responses through ELF waves. By manipulating the shared brainwave patterns of a group, external forces can influence group dynamics, decision-making, and behavior, essentially controlling the group's collective mindset without their awareness.

Psychological Mechanism: Groups of people, whether in social, professional, or other settings, often share collective cognitive and emotional states, referred to as group resonance. ELF waves can be tuned to interact with these group brainwave patterns, subtly guiding the group's reactions and decisions. This collective manipulation can sway group opinions, cause uniform emotional reactions, or even direct collective actions. The ability to control a group's brain resonance gives external influences significant power over the group's behavior,

potentially leading to mass manipulation or social engineering on a larger scale. As with individual targeting, the individuals within the group may remain unaware of the external interference, believing their collective decisions are independently derived.

ENERGY IRRADIATION AND BLOCKS ON PARTICULAR PARTS OF THE CNS

Definition: This technique involves the targeted irradiation of specific areas of the central nervous system (CNS) with energy, leading to the disruption or blockage of normal physiological and cognitive functions. By manipulating the flow of energy within the CNS, certain neural pathways can be inhibited or overwhelmed, impairing cognitive abilities, emotional regulation, or motor functions.

Psychological Mechanism: The CNS controls all voluntary and involuntary functions within the body, including sensory processing, motor coordination, and cognitive functions. When energy is directed at specific areas of the CNS, it can alter neural activity and block or interrupt the normal functioning of these systems. This could lead to cognitive impairments, emotional instability, or even physical paralysis, depending on the areas targeted. Over time, these disruptions can accumulate, leading to chronic mental or physical health issues. By manipulating the energy flow within the CNS, an external force can weaken the individual's overall resilience, making them more susceptible to further manipulation and control.

8 LIST OF PATENTS AND ASSOCIATED TECHNOLOGIES FOR REMOTE NEURAL MONITORING AND COMPUTATIONAL RADIO ABUSE

This is just an illustration of what is available out there in terms of technology, through overt intelligence research. Certainly such methods have been known since the 1950s, but the patents have only recently been developed — not, however, how the patents are bought and sold, and sometimes end up in companies from private hands and suddenly resold to facultative companies by intelligence agencies (for example, what is the point of a patent for inducing fear in targets in Bank of America that suddenly ended up in a paper and staples manufacturing company?) Please keep in mind that their methods are only partially effective, and that other agents can do more damage than human agencies.

RNM tactical targeting was experienced by the author when aggressive synthetic sounds were delivered into his brain while using a cell-phone, possibly by NATO psi-ops, which almost lead to a heart failure, also a strong irradiation of the skull and brain was felt, that was enough to establish that these weapons may be used not only in the proximity of the target, but also through a whole network of communications carriers that are capable of triangulation and locating the target by the cell-phone signal, afterwards launching an abusive strike on a given target, it may be technically delivered from the satellite but also regular radio-transmitter towers; the given pulse is calibrated to be delivered to specific device, once the target is located.

8.1 METHOD AND SYSTEM FOR ALTERING CONSCIOUSNESS

US 5123899 A

A system for altering the states of human consciousness involves the simultaneous application of multiple stimuli, preferable sounds, having differing frequencies and wave forms. The relationship between the frequencies of the several stimuli is exhibited by the equation

8.2 SUBLIMINAL ACOUSTIC MANIPULATION OF NERVOUS SYSTEMS

US 6017302 A

In human subjects, sensory resonances can be excited by subliminal atmospheric acoustic pulses that are tuned to the resonance frequency. The 1/2 Hz sensory resonance affects the autonomic nervous system and may cause relaxation, drowsiness, or sexual excitement, depending on the precise acoustic frequency near 1/2 Hz used. The effects of the 2.5 Hz resonance include slowing of certain cortical processes, sleepiness, and disorientation. For these effects to occur, the acoustic intensity must lie in a certain deeply subliminal range. Suitable apparatus consists of a portable battery-powered source of weak subaudio acoustic radiation. The method and apparatus can be used by the general public as an aid to relaxation, sleep, or sexual arousal, and clinically for the control and perhaps treatment of insomnia, tremors, epileptic seizures, and anxiety disorders. There is further application as a nonlethal weapon that can be used in law enforcement standoff situations, for causing drowsiness and disorientation in targeted subjects. It is then preferable to use venting acoustic monopoles in the form of a device that inhales and exhales air with subaudio frequency.

8.3 PSYCHO-ACOUSTIC PROJECTOR

U.S. patent #3,566,347, February 23rd, 1971

A device/weapon which can actually deafen the target.

8.4 METHODS AND SYSTEMS OF ALTERING CONSCIOUSNESS

US Patent #5,123,844. June 23rd, 1992

US Patent #5,289,438. February 22nd, 1994

These systems stimulate the brain with different frequencies and wave forms to alter the subject's state of consciousness.

Electro Magnetic Field (EMF) monitoring/interference is one of the most insidious and secretive of all methods used by the agencies. N.B. Similarly, EEG cloning feeds back the results of EMF monitoring in an attempt to induce emotional responses (e.g. fear, anger, even sleep etc.). This could possibly work on certain members of a crowd or audience... again this could facilitate scams etc.

Dr Ross Adey concludes that all aspects of human behavior can be affected, even controlled. He used 0.75 milliwatts per square centimetre of pulsed, modulated microwave at a frequency of 450 MHz

Notably the Alaskan HAARP project (featuring the B.J.Eastland patented technology — U.S. patent #4,686,605, 11/4/87 — “Method and Apparatus for altering a region in the Earth’s atmosphere, ionosphere or magnetosphere”. AND others) also facilitates experiments in the disruption of human mental processes. It’s the largest, most versatile radio frequency radiation transmitter in the world also allowing experimentation in weather “modification”, wireless, electrical power beaming and communications “disruption”. Its systems like this which could one day see attempts made to brainwash/control entire populations. And that is just as feasible as a wholesale nuclear holocaust.

8.5 MICROWAVE WEAPONS

Twenty years ago a scientist, Allan Frey, found that if a microwave carrier were to be sliced and carried audio modulation, that modulation could be heard by someone in the signals path. The thin pulses of radio carrier wave cause currents to flow through the nervous system — the result is a remote transmission; no wires or contact is needed.

“A hearing system” U.S. patent #4,877,027, 31/10/89. Wayne Brunker.

“A hearing device” U.S. patent #4,858,612, 22/8/89. Philip L.Stocklin.

Eg. The latter involves microwaves aimed at the auditory cortex. A mike turns the sounds to electrical signals which are treated so as to provide multi frequency microwaves which are applied to the brain area. Whatever sound the mike picks up (like a voice) is relayed to the target.

The first known experiment with microwaved voices was conducted by Sharp and Grove in the early 70's. However, the Defense Intelligence Agency and ARPA (The Advanced Research Projects Agency) are principally to blame for the abuse of such technologies since. eg Project Pandora etc. The CIA's Langley Research Center as well as an army of "mad" scientists working in Energy/Defense department labs across the U.S. are also responsible.

As with the NASA Apollo program, many of those originally involved were ex Nazi or Russian Cold war scientists (even WWII Japanese) recruited, regardless of their earlier crimes, to commit more crimes, this time for the U.S.A.

It's worth noting the reported experiments carried out in bygone days included The MKULTRA (mind control)/LSD experiments, germ and nuclear fallout testing (on military and civilian personnel), elector-shock treatment on institutional victims and so on. The U.S. Energy and Justice departments are now involved in such programs so the U.S. can escape violation of international defense/agency treaties. That's also why the "D" for "defense" was dropped from DARPA.

In any event, once a technology is labelled "Top secret-classified" they can use it any way they like on anyone.

8.6 BRAINWAVE MONITORS & ANALYZERS

Lawrence Pinneo, a neurophysiology and electronic engineer working for Stanford Research Institute (a military contractor) is the first "known" pioneer in this field. In 1974 he developed a computer system which correlated brain waves on an electroencephalograph with specific commands. In the early 1990s, Dr Edward Taub reported that words could be communicated onto a screen using the thought-activated movements of a computer cursor.

(Currently under secrecy provisions; “Classified”)

In 1994, the brain wave patterns of 40 subjects were officially correlated with both spoken words and silent thought. This was achieved by a neurophysiologist, Dr Donald York, and a speech pathologist, Dr Thomas Jensen, from the University of Missouri. They clearly identified 27 words / syllables in specific brain wave patterns and produced a computer program with a brain wave vocabulary.

It does not take much thinking to realize that the US agencies have access to a perfected version of this technology. In fact the relevant computers have a vocabulary in excess of 60,000 words and cover most languages. In fact, the NSA’s signals intelligence monitor the brainwaves of their targets by satellite and decode the evoked potentials (3.50Hz 5 milliwatts) that the brain emits. So, using lasers / satellites and high-powered computers the agencies have now gained the ability to decipher human thoughts — and from a considerable distance (instantaneously).

8.7 HOW IS IT DONE?

The magnetic field around the head, the brain waves of an individual can be monitored by satellite. The transmitter is therefore the brain itself just as body heat is used for “Iris” satellite tracking (infrared) or mobile phones or bugs can be tracked as “transmitters”. In the case of brain wave monitoring the results are then fed back to the relevant computers. Monitors then use the information to conduct a “conversation” where audible neurophone input is “applied” to the victim.

Human thought operates at 5,000 bits/sec but satellites and various forms of bio telemetry can deliver those thoughts to supercomputers in Maryland, U.S.A, Israel, etc which have a speed of 20 BILLION bits/sec each. These, even today, monitor millions of people simultaneously. Eventually they will monitor almost everyone... worse than any Orwellian “Big Brother” nightmare you could possibly imagine, only it will be a reality. Yet our world leaders, who know this, do nothing.

UPDATE (2005) — IBM's Blue Gene computer can reportedly process 227 trillion flops per second. Even if each calculation involved only one 'bit' of information, one such computer could process more information than five times the earth's total population... With supercomputers taking overt brain downloads within 40 years, total computer consciousness looms as an open threat for the future of mankind, just as, secretly, it already torments those victimized as covert targets of high tech brain monitoring technology. Usually the targets are aware their brain waves are being monitored because of the accompanying neurophone feedback. In other words, the computer repeats (echoes) your own thoughts and then the human monitors comment or respond verbally. Both are facilitated by the neurophone.

NB Whilst the live/human comments are individualistic and unrelated to the victims own thought processes oftentimes the artificial intelligence involved will parrot standard phrases. These are triggered by your thoughts while the human monitors remain silent or absent. To comprehend how terrible such a thorough invasion of privacy can be — imagine being quizzed on your past as you lie in bed. You eventually fall off to sleep, having personal or “induced” dreams, only to wake to the monitors commenting / ridiculing your subconscious thoughts (dreams).

If the ability to “brain scan” individuals expands from the million or so currently under scrutiny to include ALL inhabitants of the planet (as per the Echelon surveillance system which already monitors ALL private/commercial telecommunications) then no-one will ever be able to even think about expressing an opinion contrary to those forced on us. There will literally be no intellectual property that cannot be stolen, no writing that cannot be censored, no thought that cannot be suppressed (by the most oppressive/invasive means).

8.8 PATENTED TECHNOLOGIES

The Neurophone: U.S. Patent #3,393,279

July 16th, 1968. Inventor — Dr Patrick Flanagan (Invented 1958).

Description: A device that converts sound to electrical impulses; allowing information to be transmitted to the brain by means of radio waves directed at any part of the body (skin). In other words, recorded or live messages, noise, music can be directed at an individual and,

through the nerves, the signal will be carried (involuntarily) to the brain, bypassing the inner ear, the cochlea, and the 8th cranial nerve.

Purpose: Practically, the Neurophone could be used to communicate with the deaf but, more often, it is used to terrorism political/military targets. The tracked individuals hear recorded/live threats, propaganda etc, which those around them do not hear (delivered mainly via satellite laser). This harasses and discredits the targets; especially if the problem is communicated to those unaware of the relevant technologies.

8.9 ADVANCED NEUROPHONE: U.S. PATENT #3,647,970

March 7th, 1972. Inventor — Dr Patrick Flanagan. (Invented 1967).

Description: This Neurophone incorporates an electronic circuit duplicating the encoding of the Cochlea and 8th cranial nerve themselves. The NSA placed a secrecy order on this development for over 5 years because of the military applications of the technology. Further Neurophone advances include the development of the time recognition processor, improved memory applications and the advances in satellites incorporating neurophone technologies.

Purpose: As Above

8.10 PSYCHO — ACOUSTIC PROJECTOR; U.S. PATENT #3,566,347

February 23rd, 1971.

Description: A high directional beam, radiated from a number of transducers and modulated by a speech, code, or noise beat signal. It may take the form of a radiator mounted on a vehicle, aircraft or satellite.

Purpose: To produce aural/psychological disturbances and partial deafness.

8.11 METHODS & SYSTEMS FOR ALTERING CONSCIOUSNESS :

1. U.S. Patent #5,123,899. June 23rd, 1992.

Description: A system for stimulating the brain to exhibit specific brain wave rhythms and thereby altering the subjects' state of consciousness.

2. U.S. Patent #5,289,438. February 22nd, 1994.

Description: A system for the simultaneous application of multiple stimuli (usually aural) with different frequencies and waveforms.

Purpose: To disorientate/manipulate a target.

8.12 SILENT SUBLIMINAL MESSAGES: U.S. PATENT #5,159,703.

October 27th, 1992. Inventor — Dr Oliver M. Lowry.

Description: A communication system in which non aural carriers (in the very low or high audio frequency range or the ultrasonic frequency spectrum) are amplified or frequency modulated with the desired “intelligence”, and propagated acoustically or vibrationally for inducement directly into the brain. This can be done “live” or recorded/stored on magnetic, mechanical or optical media for delayed/repeated transmission to the target. Sound can also be induced by radiating the head with microwaves (in the range 100 to 10,000 mhz) that are modulated with a waveform consisting of frequency modulated bursts.

Purpose: To instruct or pass messages; in theory. In reality it’s used to torment political/military targets. (One unpublicised application was the Gulf War)

Field Manual of Street Magick and Survival

„Things that drove us insane in the past, are they not our strengths today?”

“Mindfulness, vigilance, conscientiousness”

Over the years, gifted with extraordinary sight, clairaudience, clairsentience, magneto- and electro-receptivity, I have observed and sensed a plethora of phenomena where magic can be practically used on the road - indeed, in certain circumstances, it must be used to survive another day. The street is a place where magic can be used most creatively. There is no time for planned ceremonies, no time for fasting and deep meditations, one must act and react spontaneously and immediately. Preparing for anything and everything in a wild, wild hunt, whether as targeted prey or as predator, changing places according to speed, with an open mind is the key to survival without going crazy, getting hurt or dead, or without hurting or killing others. This is only a sketch, because most events cannot be repeated unless you do them yourself and cannot teach them, but must learn them.

In the end, the worst nightmare of the day is just a manifestation of forms of emptiness - if you understand them as separate entities, you will be filled with terror and fear, if you consider them as equivalent phenomena, they will become our friends, driving our development and hardening us - the nightmare must become the mode of thinking - then we will become a part of it, making the macabre empty of content and thus unable to keep us in

check. It is thus no longer capable of evoking even the slightest emotion in us. This does not mean that we become emotionless, but it helps us on many levels to become detached and immobile in the face of situations that might make other people mad, anxious or delusional.

9 PRELIMINARIES

The noisier the environment, the faster we learn to concentrate under pressure by turning the senses off and on. It is not necessary to focus attention on oneself; it is enough to take a comfortable position and close one's eyes. Public transportation is excellent for developing concentration and meditation, as well as for training. If one is skilled, it is excellent for performing non-local magical operations, healing people affected by certain entities, and hardening against the debris and mental garbage that cities are full of. The more people there are in a given place, the greater the amount of raw psychic jungle just waiting to take over our minds or override more sensitive spirits. Each place has its 'genius loci,' or the genius of the place, with its own character and the way it affects the mind. It is the sum of all the entities, energies, and realms that reside there and can affect people under certain circumstances. There are entities with a limited sphere of influence, which are bound to only one place, and there are those which have a larger sphere of influence. Some entities are assigned to a certain place and cannot go beyond their sphere of influence, while others are boundless and can move extra-territorially from place to place. As a globetrotter in the not-so-distant past, I have found that each city, each area, has a different set of realities close to it and influencing it, assigned to particular people or particular places. For example, in Mongolia, I encountered both wrathful Tibetan deities and devas. In the UK, it was a mixture of ancient Celtic traditions and a muddle resulting from the different character of the islands — water acts as an impassable barrier for some of these beings, and they have to incarnate into humans to travel. This works both ways — so what is imported into the UK zone usually stays there. In Poland, where I live at the moment, history is dominated by Christian egregors who have dominion over that country but are powerless beyond it.

Tactics:

Whenever you are under the influence of a particular entity, you must find another entity that resonates with the former entity's domain and has the ability to remove or contain it, and enter into a conversation to counteract the effects of the former. Some dimensions cannot see each other, so you have to find a correct inter-resonant domain. Depending on the ability and the granted effective executive power of a certain domain, protective or offensive magic can be used. One must develop these oneself, as the author would not be so bold as to suggest a path to someone. However, one must find one's roots and bind oneself to the domain that decides to adopt him or her. In the author's case, it was negotiating access to randomly generated scripts in Egyptian and Sumerian languages that function like programs interpreting complete, total intent. Since they are executed in the processor, an ordered magical

computer, they affect multiple sectors of the event that contains them, according to the rules established in the mind during the plot. Additionally, multiple rotating golden spheres from Enochian traditions are used to block out unnecessary influences. It is worth mentioning that visualizations as such are ineffective, but they are always visible on the mental level — just like everything that is imagined. However, if they are synchronized with access to effective commands, if the appropriate tools are given, then it is enough to visualize and activate a sequence to do the job properly. Runes, for example, when the mind has been made hyper-resonant, can be used to balance the energy network of the brain and thus the main psyche, and to regulate the flow of energy through the eyes. Note that some domains, once they notice that an ability is active, might block it by attaching synthetic energy layers to the brain, rendering our abilities ineffective at the mind level. This can be circumvented by connecting to a higher entity that can bypass such blocks for us and ignore the short circuit, carrying out our intentions for us. It is a matter of establishing a line of command and a line of communication, negotiating what is to be included, what is to be interpreted, and what is to be directly executed. All of these connections must be maintained in thought and strengthened through ritual, education, and mental action. If we have already prepared such connections, the worst threat is forgetfulness, dilettantism, and inertia. If we do not maintain them, they will naturally dissolve through inaction and must be strengthened again through commitment. As long as a person understands how things work and accumulates both knowledge and experience, he has a wonderful ability to adapt — it is an ability to develop. If you are given the tools to defeat terrors, you defeat terrors; if you are left blind and act out of fear, you are defeated by them. The intensity of any situation depends on whether you get beaten up or not, but it is often the case that if you know too much, this is a prerequisite for getting beaten up and punished for that knowledge.

There are certain traits that can be trained that are extremely useful on the street: a) Perseverance b) Mindfulness c) Conscientious concentration d) Playful spontaneity e) Good judgment and situational awareness f) Avoidance of heroism, knowing when to retreat g) Patience h) Robustness of will i) Ability to contain unbalanced conditions j) Knowledge of oneself k) Recognition of changes in body and mind.

Keep in mind that there is a 99% probability that the people around you have no idea what is going on around you. Any action that assumes someone knows runs the risk of triggering unnecessary and confusing actions. Even if they sense something is happening, even if you have that 1% chance of encountering someone in the know — he or she may misjudge the situation, and any contact should be quietly avoided. It is much wiser to look at the situation through the lens of human psychology and the power of rationalization. For example, if an entity gives the appearance of being something evil and hateful, and we are perceived in this way by those around us, we should not interfere but focus on destroying the illusion at the level of the entity. Sometimes such tactics are used to create an illusion not for humans, but for other entities who perceive us as something hateful and hostile and therefore despise or attack us. The general rule is: keep others away from the game, never get involved in the slightest provocation. Otherwise, you risk being foolish and deranged, conjuring up dangerous situations in which physical harm or loss of life may occur. We must also understand that the power of rationalization (reduction to a particular person's understanding) and annihilation (rejection of the anomalous content) is a natural way for the minds of others to resist damage

to their tunnel realities, self-image, and belief systems, which are reflected in the way one thinks and evaluates a particular situation.

Skill acquisition:

Various new skills can be acquired in collaboration with specific entities by establishing a line of command and communication in which they are the facilitators of execution. Often larger skills are granted on the condition of holistic service (if we extend ourselves to the whole, we take ourselves out of the game), while smaller skills are granted through pacts and minor negotiations — requiring personal service in return. Various negotiated abilities have been experienced and lost — to this day — starting with animal magnetism, i.e., incarnation of parts of one's consciousness in an animal for partial control of an animal's CNS; the ability to incarnate animal souls as totemic "filters" — when a particular animal expresses itself through a human mind; glossolalia (without understanding what one is saying, one must know the language through training); fighting and dancing abilities through a higher entity taking over our mind and body if we withdraw our will and let it guide us for the duration of the training (temporarily acquired, one must train or the ability will be lost, it is a temporary improvement); similarly, philosophical skills and arts can be temporarily acquired when an incarnating entity takes over the mind and we allow it to express itself, similarly withdrawing the will and directing it through consciousness so that the "control" is temporarily removed. However, if we have no ability of our own, there is nothing to improve. This is how talents and charismata are acquired.

Tapping skills:

When a skill is acquired, it is likely that certain beings or people who are capable will take over the skill or tap into consciousness to use that skill for their own purposes. This should be avoided by negotiation (or often by law) by forfeiting an ability if someone taps it without permission — this avoids abuse by non-delegated people of a particular ability. It is a zero-sum game where everyone is a loser, but it is quite normal for others to want to spread themselves on the backs of others without personal fault. You have to make sure that the ability is lost as soon as you acquire it. Otherwise, you might enter into a strange relationship with the abuser.

10 MAGICK STREET FIGHT

All of this can be done in public transport or on the street. Once an attack is noticed, you can use a variety of skills, depending on your inventory, to defend yourself and launch counterattacks. However, it is crucial to remember that normal people should never be a target, and everything should ideally be handled on the mental and "subtle" level. Calling it a "subtle" level when heavy magic is used misses the point. Typically, magic doesn't manifest with a dramatic "bang" or with fireballs hurling people against walls. It operates on a mental and somatic level, examples of which are outlined below:

Elimination Tactics:

1. **Damage to the Shielding** – This allows penetration into the soul body. A leaky energy field invites detritus and CNS takeover, enabling a breach into the mind that overrides its processes.

Counter Tactics: Reinforce the defenses, restore shielding, and remove the detritus and entities that poison the body. This can be done by isolating and either destroying or sealing them—like carving them into glass and sealing them, similar to how one might seal a car window or the doors of a subway.

2. **Perception and Person, Attraction and Anti-attraction, or Illusions** – These can affect the tactile, auditory, auric, olfactory, visual, and mental aspects of perception. For example, an entity may create an illusion of stench, recolor our auric field, or manipulate the way others perceive us (positive, negative, desirable, or undesirable).

Counter Tactics: Break the enticement with a strong mind and operations that drain the entity's power (vampirism vs. vampirism), or destroy illusions by detecting them and retreating. If these tactics fail, practice desensitization, so that smells, tastes, or illusions do not affect you. Mastering the domain of the senses and working with the sixth and seventh senses—mind and clairvoyance—is key.

3. **Physical Attacks on the Mind (CNS) and the Body** – The mind's functioning may be disintegrated, causing hypersensitivity to feedback signals or a fragmented ego. Attacks can also target the CNS, leading to discoordination or manipulation of movements. Severe attacks might cause convulsions.

Counter Tactics: Entities capable of such attacks are usually powerful. If higher assistance isn't available, repel the attacks without further aggravating the attackers. You can negotiate through thoughts or gestures, but **never** comply with demands for rituals of bloodletting.

4. **Lies, Slander, Auric Notes, Seal Clones** – These tactics are used to distort the perception of the victim and turn entities against them.

Counter Methods: "Those who have their minds fixed on a star are not damaged by lies"; "Those who do not respond to slanders, silence them." What you truly are will never be taken from you unless you give in to negativity (hate, anger). Always return to your true self, focus on noble pursuits, and use counter-illusions.

5. **Malevolent Penduluming Entities** – These entities can cause mental disorders, obsessive thoughts, and other forms of instability by manipulating thought forms and distorting biochemical homeostasis.

Counter Tactics: Strengthen your mind, ask for help from your sources to remove superficial entities, maintain a healthy lifestyle to avoid instability, and eliminate any destabilizing influences.

6. **Purposeful, Targeted Attacks** – Several people nearby may be influenced to incite paranoia or persecution.

Example: The author observed dead and violent demons flying into people on the

street, causing them to look aggressively at the author. This led to heightened awareness and an exposed mind, inducing paranoia (feeling watched or chased).

7. **Isolation** – The thoughts of others may be used to isolate the target, even if one's own mind is immune to certain tactics.

Counter Methods: Do not reveal your knowledge of these attacks to others, as they may become defensive or mock you. Maintain composure, use good judgment, and observe carefully.

8. **Leading Conversations** – Thoughtless speech can easily be manipulated by incarnate agents, causing confusion, conflict, and embarrassment.

Counter Methods: Every word should be carefully considered, and your arguments must align with what you truly want to communicate.

9. **Threats** – Entities may take control of others' bodies to threaten, destabilize, or provoke fights.

Counter Tactics: Be aware of these influences, as our bodies can be vulnerable to such attacks. Maintain awareness and resist being pushed into conflicts.

10. **Synchronicities** – The target is manipulated into dangerous situations, like a potential accident, due to altered decision-making.

Example: The author nearly died in a car accident after their consciousness was clouded, almost pushed into traffic.

Counter Methods: Negotiate with entities that have access to time nodes and block the abusive entity's influence. Stay grounded and assess each situation quickly and clearly.

11. **Terror Tactics** – Nightmares and vivid, painful illusions can disrupt the nervous system and cause the victim intense fear.

Counter Tactics: Endure the pain and erase the carnal imagery. Ask for higher realm intervention to resolve such traumas.

12. **Heart and Organ Failure** – Entities can target vital organs, like the heart, with energy attacks, causing pain, or even pierce them with energy needles.

Counter Methods: Redirect the energy by feeding it with protective energy or reversing the curses.

13. **Servitors** – Parasites that feed on life energy, such as vampiric servitors.

Counter Methods: Isolate, reprogram, or destroy servitors. Avoid absorbing them into your own body, as this may disrupt your energy system.

14. **Poison** – Shadow parasites can infiltrate the body's systems, causing disease or weakening immune defenses.

Counter Methods: Extract the poison by isolating and destroying the shadow toxins, or request assistance from a positive entity.

15. **Subliminal Shifts in Perception** – Unexplained urges, like self-harm or mutilation, can be induced without understanding their origin.

Counter Methods: Develop awareness of subliminal cues and energy manipulation, as well as strengthen your psychological resilience to resist such urges.

16. **Slow Degeneration** – Negative habits and demotivation can lead to a gradual decline in life quality.

Counter Methods: Maintain positive relationships, stay disciplined, and address negative habits before they disrupt your well-being.